



FACES

Eddie Murphy
returning to 'SNL' as
host in December
Page 18

MILITARY

Army officers
lose lawsuit over
revenge porn
Page 5



COLLEGE FOOTBALL

Army coach Monken
looking to build on
Black Knights' success
Back page

Lockheed Martin awarded \$2.4B contract for F-35 spare parts » Page 3

STARS AND STRIPES®

stripes.com

Volume 78, No. 95 ©SS 2019

WEDNESDAY, AUGUST 28, 2019

平成32年4月5日 第三種郵便物認可 日刊(土日除く)
発行所 星条旗新聞社 〒106-0032 東京都港区六本木7丁目23番17号 定価 ¥50

50¢/Free to Deployed Areas

Straight shooters

Army to revamp small arms training
with tougher marksmanship tests

Page 4



CALVIN REIMOLD/U.S. Army Reserve

Spc. Kalon Williams, 2019 Army Reserve Soldier of the Year runner-up, fires his M9 pistol during a qualification table at Fort McCoy, Wis., on Aug. 14. The Army is revamping how soldiers train with pistols and automatic rifles in an effort to better prepare troops to shoot straight while under duress.

US says South Korea's exit from intelligence-sharing pact endangers troops

By KIM GAMEL
Stars and Stripes

SEOUL, South Korea — The United States stepped up criticism of South Korea's withdrawal from a military intelligence-sharing agreement with Japan, warning it will complicate defense and "increase risk to U.S. forces."

The unusually blunt statement on Monday came amid concerns that Seoul's decision to exit the General Security of Military Information Agreement, or GSOMIA, is the latest blow to U.S. influence in the region.

Underscoring the high stakes, North Korea has conducted seven missile and rocket tests since July 25, most recently

on Saturday, expanding its arsenal amid stalled nuclear talks with Washington.

Chinese and Russian fighter jets also recently flew in a show of force though disputed air space between South Korea and Japan.

The State Department said Monday it was "deeply disappointed and concerned" that South Korea has terminated the

agreement.

"This will make defending [South Korea] more complicated and increase risk to U.S. forces," spokeswoman Morgan Ortugas wrote in a tweet.

The Pentagon expressed similar concern after the decision was announced last week.

SEE PACT ON PAGE 4

MILITARY

Retiring Navy CNO reflects on service

By DAN LAMOTHE
The Washington Post

WASHINGTON — On the eve of his departure, the Navy's top admiral said he is satisfied with the behavior of Navy Special Operations troops "in aggregate" despite a series of embarrassing incidents but that the service must continue to emphasize "the ethical dimension of what we do."

The Navy SEAL force has launched a plan to stress the importance of the law of armed conflict, integrity and accountability, Adm. John Richardson said in an interview with The Washington Post. He attributed a string of recent problems in part to years of deployments.

"Your character is like a muscle," Richardson said, speaking in his office last week, where framed pictures had already been taken off the walls in preparation of his departure. "It sort of gets stronger when you train it, and then it gets fatigued when you strain it and then you use it a lot."

Richardson, who will retire, handed over the reins as chief of naval operations to Adm. Michael Gilday on Thursday in a ceremony in Washington. He became the service's top officer in 2015, presiding over a challenging time that included growth in the Navy and two disasters in which destroyers collided with commercial vessels, killing 17 sailors.

In the Special Operations force, several Navy SEALs have faced criminal charges this year, including two who were accused in the death of a Green Beret soldier, Staff Sgt. Logan Melgar, in Mali in 2017. One of the SEALs in the case, Senior Chief Special Warfare Operator Adam Matthews, pleaded down to lesser charges, while Senior Chief Special Warfare Operator Anthony DeDolph still faces trial.

In another incident, a platoon of Navy SEALs was sent home from Iraq last month after a female servicemember working with them was allegedly sexually assaulted by a senior enlisted member of the platoon. The investigation into that incident is ongoing.

Richardson said an ethics review of all Special Operations units that was launched by Army Gen. Richard Clarke, the chief of U.S. Special Operations Command, will inform how the Navy looks at the issue. Clarke said the review will address aspects of Special Operations culture that include education, recruiting and training.

Some Pentagon officials have said that they do not see a link between frequent deployments in recent years and bad behavior, but Richardson posited that it could at least be a contributing factor.

"If you think about when you and I go home each night, you know, we are with our friends and our families and those sorts of righting forces keep you centered, and it's all reinforcing," he said. "It strengthens our character. But when you get way forward-deployed for a long time, those forces aren't as strong."

The ethical issues stretch beyond the SEALs.

In the recent court-martial of Special Warfare Operator Chief Edward Gallagher, a Navy SEAL who faced a murder charge for stabbing a wounded Islamic State fighter in Iraq, Navy officials allegedly used a tracking bug in an email to spy on defense attorneys and a Navy Times journalist, prompting a public outcry and the removal of a prosecutor in the case.

Gallagher was acquitted of most of the charges he faced in July. Richardson assumed control of that case and two others this month and launched a review of the



DANIEL L. GONZALEZ/U.S. Navy

Adm. John Richardson, left, chief of naval operations, speaks to sailors Aug. 2 at Naval Support Activity Mid-South in Millington, Tenn. Richardson is retiring and was replaced by Adm. Michael Gilday on Thursday in Washington.

Navy Judge Advocate General Corps. The admiral said the service will bring in outside experts to offer opinions.

In a separate action, the Navy recently completed a review at Richardson's direction that examined administrative actions to better handle bad behavior that falls short of criminal conduct.

The effort was launched after Richardson said in an email to other admirals in May that there are incidents in which the Navy's policies for addressing misconduct are "too cumbersome and slow," leaving the service to retain people "we'd rather see dismissed from our ranks."

He referenced the case of former Missouri Gov. Eric Greitens, who joined the Selective Reserve about a year after he resigned his post in June 2018 amid allegations that he had sexually assaulted a woman. Greitens denied the allegations but faced impeachment.

The resulting changes in the Navy include the introduction of an administrative letter of reprimand that will allow the service to document misconduct in cases in

which other punishment is not warranted or possible. Richardson said he wants to give sailors who deserve a chance at rehabilitation an opportunity to continue serving and to move on more quickly from those who do not.

"It's obviously in the best interests of the Navy, but I think it's also in the best interests of that sailor to get out of limbo, if you will, and onto whatever path of recovery that they may take," Richardson said.

Another piece of unfinished business: The Navy is reviewing the size and composition of its forces, a process that Richardson said could be completed within a month or two.

In 2016, the Navy found that it should have at least 350 ships, up from the about 270 it had at the time. The service has about 290 ships now, and Richardson suggested more changes are likely.

"The security environment hasn't gotten any less challenging," and technology is increasingly important, he said.

TODAY IN STRIPES

| | |
|------------------------|--------|
| American Roundup | 17 |
| Business | 21 |
| Classified | 19, 23 |
| Comics | 22 |
| Crossword | 22 |
| Faces | 18 |
| Opinion | 20 |
| Sports | 24-32 |
| Weather | 21 |

STARS AND STRIPES

However you read us,
wherever you need us.

Mobile • Online • Print

EUROPE

ADVERTISING

KRISTI KIMMEL

CustomerService@stripes.com

+49 (0) 0631.3615.9111
DSN: 314.583.9111

MIDDLE EAST

ADVERTISING

KRISTI KIMMEL

CustomerService@stripes.com

+49 (0) 0631.3615.9111
DSN: 314.583.9111

PACIFIC

ADVERTISING

ICHIRO
KATAYANAGI

CustomerHelp@Stripes.com

+81(3) 6385.3267 DSN 315.229.3267

PCSing? STARS AND STRIPES. RELOCATION GUIDE

Every Friday in the **European and Pacific** editions
of Stars and Stripes AND online daily at
www.stripes.com/relo



MILITARY

Lockheed lands F-35 spare parts contract

By CHRISTOPHER DENNIS
Stars and Stripes

The Pentagon awarded Lockheed Martin an additional \$2.4 billion to provide spare parts for the F-35 Lightning II Joint Strike Fighter after a government watchdog found earlier this year that a parts shortage kept them grounded and forced squadrons to “cannibalize” jets to keep others flying.

The procurement announced last week was made after commanders in the field requested more spare parts, said Michael Land, a spokesman for the Joint Strike Fighter program.

“These spare parts are delivered to support aircraft upon their initial delivery into the fleet for continued daily flying operations,” Land said.

Officials modified a previously awarded contract to speed up the process and provide greater contracting flexibility, he said.

The modification includes parts for the Marine Corps, Navy, Air Force and other participants, including foreign military customers, the Pentagon said Friday.

The added funding “is an important step” to increasing the availability of spares, enhancing the military’s ability to employ the F-35 and reducing its costs, Lockheed Martin spokesman Michael Friedman said in a statement to Inside Defense.

For the Lockheed Martin-produced F-35s, which first deployed in combat this past spring, working through maintenance issues overseas has been a challenge,



Capt. Russell Lee, of the 421st Fighter Squadron, taxis his F-35A Lightning II on the flight line at Spangdahlem Air Base, Germany, in June. The Defense Department awarded Lockheed Martin an additional \$2.4 billion to provide spare parts for the fighter.

VALERIE SEELYE/U.S. Air Force

particularly the resupply of spare parts in a timely fashion.

A lack of parts and difficulties managing and moving them kept the aircraft grounded 30% of the time during an eight-month period last year, the Government Accountability Office said in a report in the spring, documenting a host of flaws in the Pentagon’s ef-

forts to establish an effective and accountable supply chain.

To keep F-35s flying, some squadrons were pulling working parts from other grounded aircraft at “rates of cannibalization” six times higher than service targets rather than wait for replacements or the backlog of parts repairs, the GAO found.

Instead of owning the parts outright, the three U.S. services and eight international partners share a global pool of parts managed by Lockheed Martin. But the GAO found the Pentagon lacked documentation of its parts purchases and didn’t know where all of its parts were located or how much the services paid for them.

Considered the Pentagon’s most expensive weapons program, the F-35 has long been dogged by delays and cost overruns, and the GAO warned that without fixes to supply and maintenance issues, it could fall short of supporting critical national defense missions.

The Pentagon and military services were considering “the potential for a significant shift in [the Defense Department’s] F-35 sustainment strategy,” the GAO said, and officials told the auditing agency they were trying to increase the quantity and reliability of the most troublesome parts.

Canopies, lights “and things that you would have expected to last longer” were in high demand for F-35s with the 421st Fighter Squadron deployed to Germany this summer, Col. Michael Miles, 388th Maintenance Group commander, told Stars and Stripes in June.

But aircraft in Europe and those deployed downrange have top priority with the Air Force for spare parts, and officials with the 421st, based out of Utah’s Hill Air Force Base, said they had a combination of options — spares they brought with them, parts from Lockheed Martin’s global supply chain and items they had worked with European partners to get.

Under the latest contract modification, all parts orders are expected to be placed no later than December 2020, a Pentagon statement said.

dennis.christopher@stripes.com
Twitter: @chrisdenniss

X-37B drone, a chamber of secrets, breaks orbit record

By ALEX HORTON
The Washington Post

The X-37B — the Air Force’s ultra-secretive, astronaut-free spacecraft that looks like a miniaturized space shuttle — just broke its own flight record of 719 days in continuous orbit.

What, exactly, the experimental spacecraft has been doing for almost exactly two years straight has puzzled analysts who can only speculate about the Pentagon’s ambitions over the low-orbit vehicle.

The Air Force has said, “The primary objectives of the X-37B are twofold: reusable spacecraft technologies for America’s future in space and operating experiments which can be returned to, and examined, on Earth.” In September 2017, defense officials said the X-37B’s mission — its fifth since 2010 — would demonstrate the potential for getting to space quickly and “on-orbit testing of emerging space technologies” while testing experimental electronics in zero gravity.

Its payload is an important one and may provide clues to the spacecraft’s true mission and

what payload it may carry. Low Earth orbit is where the International Space Station circumnavigates the planet and where many military and commercial satellites are situated.

As future conflict increasingly has a dimension in space, war outside our atmosphere could be focused on killing vital surveillance and navigational satellites to give terrestrial armies an advantage.

Scaling down big, unwieldy satellites to smaller, equally capable satellites to get lower in orbit makes a lot of sense when you need higher resolution images of, say, missile launch sites in North Korea or Chinese operations in contested areas of the South China Sea.

Lower orbit requires more maneuverability, which means more fuel, Air Force magazine reported. The X-37B is using Hall thrusters that use an electric field to accelerate xenon propellant, which means more intricate movements can be done without relying on a lot of fuel on board.

That application would be prized on reconnaissance satellites that need to stay low for years, the magazine reported.



U.S. Air Force

Personnel attend to the unmanned U.S. Air Force X-37B Orbital Test Vehicle 4. The X-37B spacecraft has been the subject of intense speculation since its maiden mission in 2010.

The X-37B, a diminutive spacecraft with less than a 15-foot wingspan, has been the subject of intense speculation since its maiden mission in 2010. The Air Force has relied on SpaceX to get it to space. In 2017, the company launched the spacecraft atop a Falcon 9 rocket.

Air Force officials have been notoriously tight-lipped about the

capabilities and mission of the classified X-37B program and typically have dumped laundry lists of densely worded objectives onto reporters and analysts.

“Technologies being tested in the program include advanced guidance, navigation and control, thermal protection systems, avionics, high temperature structures and seals, conformal

reusable insulation, lightweight electromechanical flight systems, advanced propulsion systems, advanced materials and autonomous orbital flight, reentry and landing,” Air Force spokesman Maj. William A. Russell said in a statement.

Officials have touted the spacecraft’s ability to get experiments back to Earth. That was possible with NASA’s Shuttle Orbiter, Russell said. But the X-37B’s stamina means it can stay in space much longer.

“There are no other space platforms providing the performance and flexibilities to advance technologies in a way that allows the scientists and engineers to recover their experiments,” Russell said.

The X-37B is clearly state of the art while up in space. But on the Earth, it gets around a little more modestly.

In 2017, when the previous mission’s spacecraft landed, the Air Force released some of the few public images of the X-37B.

The photos showed the secret vehicle guided by a particular land-propulsion system — a white Chevrolet pickup.

MILITARY

Army toughens shooting skills standards

By JOHN VANDIVER
Stars and Stripes

STUTTGART, Germany — The Army is revamping small arms training with tougher marksmanship tests designed to better prepare troops — whether cook or infantryman — to shoot straight while under duress.

The new standards, which take effect in October, will change how troops train with pistols and automatic rifles, the Army said. The standards must be met by October 2020.

"It's exactly what we would do in a combat environment, and I think it's just going to build a much better shooter," Sgt. Maj. Robert K. Fortenberry, of the Army's infantry school at Fort Benning, Ga., said in a statement.

The aim is to get all soldiers to a "baseline" set of marksmanship skills that go beyond achieving just a passing score during routine weapons qualification testing. Rather than pulling from stacked pre-staged ammunition to hit targets, troops will now need to draw their gear as they would in conflict.

"Marksmanship training should also train soldiers on the other tasks they'd face in using their weapon in combat," the Army statement said.

Soldiers will be tested on whether they can rapidly load and reload as they would



MICHELLE LUNATO/U.S. Army

U.S. Army Sgt. 1st Class Thomas Hummel fires during the 2018 U.S. Army Small Arms Championships at Fort Benning, Ga. The Army is revamping how soldiers train with small arms weaponry with tougher marksmanship tests.

in combat, as well as quickly switching firing positions and making snap decisions on what targets to hit. Other new requirements include demonstrating proficiency in night combat conditions and simulated chemical attacks.

"We're employing your weapon system in a more tactical environment or scenario,

versus the more traditional way of doing it," said Fortenberry. "And by doing so, it creates additional rigor, using all of the elements of critical thinking, sound judgment, adapting to change, all of those nontangible attributes."

The Army also is eliminating timeouts when weapons malfunction during testing.

"You have to fix the malfunction," Fortenberry said. Timeouts would be authorized by leaders only on a case-by-case basis, he said.

The new standards also require units to use indoor and electronic firing ranges as more affordable aids to instruction rather than just relying on outdoor ranges.

"All units regardless of type will be held to the same new, tougher basic standards," the Army said. "All will have to train the same skills, and ensure they schedule the same amount, type and frequency of marksmanship training mandated (by the new manual)."

In the past, the Army did not use a single approach to teaching marksmanship. The training overhaul pulls together all the individual weapons standards.

The Army said it spent about two years developing the program, drawing upon the expertise of nearly 200 marksmanship experts.

"It's not to say that what we were doing in the past was wrong," Fortenberry said. "We killed a lot of bad guys in Iraq and Afghanistan and all over the world with our current level of marksmanship training."

However, the changes coincide with what the Army has learned over the past two decades about how to develop proficient marksmen, he said.

vandiver.john@stripes.com
Twitter: @john_vandiver

Pact: Ending intel agreement signals growing rift in Japan-South Korea alliance

FROM FRONT PAGE

"We strongly believe that the integrity of our mutual defense and security ties must persist despite frictions in other areas of the [South Korea]-Japan relationship," it said.

The United States maintains about 28,500 servicemembers in South Korea and \$4,000 in Japan, as well as supersonic bombers and other strategic assets serving as a bulwark against North Korea and China.

The 2016 signing of the military information agreement was seen as a diplomatic victory for the U.S. by bringing its two closest Asian allies together despite their bitter historical enmity.

On a practical level, it enabled the traditional rivals to streamline intelligence sharing instead of relying on the U.S. as a mediator.

The Obama administration Thursday said it was terminating the pact due to an escalating trade spat with Japan. The Foreign Ministry insisted the decision had been made in "close communication" with the United States.

But many observers said the move signals a growing rift in the alliance at a critical time as China and Russia are eager to fill the vacuum in regional leadership.

"Although few have said it out loud, Korea's decision to pull out of its three-year-old military intelligence-sharing pact with Japan despite strong U.S. objections is nothing less than open rebellion," columnist Oh Young-

jin wrote Tuesday in The Korea Times.

"It marks a major departure from the role of junior partner that Korea plays in its alliance with the U.S., coming as U.S. regional stewardship is being challenged by a growing China," he added.

Here's a look at how the situation unraveled:

The agreement

Japan and South Korea signed the agreement on Nov. 23, 2016, to facilitate sensitive intelligence sharing as North Korea was stepping up its nuclear and missile testing activity.

The two countries had been debating such a deal for decades. South Korea aborted a previous effort in 2012 due to strong domestic opposition. It was signed toward the end of the administrations of President Barack Obama and South Korea's soon-to-be ousted conservative President Park Geun-hye.

The exchange of information enabled both sides to tap into different assets as the Japanese have satellites and other high-tech reconnaissance capabilities while the South Koreans can provide more human intelligence and wireless communications from the North.

The three countries have other information exchange mechanisms, but experts say canceling the agreement will likely slow the process because South Korea and

Japan will have to go through the U.S. instead of communicating directly.

Under the framework, South Korea and Japan exchanged classified information 29 times, including seven times this year on North Korean weapons tests, the Yonhap News Agency reported.

The deal was automatically renewed each year unless either side provided a 90-day notice of termination. South Korea delivered its notice on Friday so the agreement will expire in November.

Historical feud

South Koreans and Japan have sparred for decades over how to deal with the legacy of Japan's brutal 1910-45 occupation of the peninsula, including the forced conscription of labor and the use of Korean women as sex slaves.

South Korea's supreme court ruled last year that Japanese corporations should compensate Korea victims of forced labor. Japan insists that all claims from the colonial period were resolved by a 1965 treaty that normalized relations between the two countries.

In 2015, Tokyo and Seoul also signed a "comfort women" agreement that allocated more than \$8 million to survivors.

New tensions boiled over when Japan decided earlier this summer to remove South Korea from a so-called white list of trusted trading partners and restricted



RON PRZYBYCIA/State Department

Secretary of State Mike Pompeo, center, stands with his South Korean counterpart, Kang Kyung-wha, left, and his Japanese counterpart, Taro Kono, on Aug. 2. The U.S. says South Korea's exit from an intelligence-sharing pact with Japan endangers troops.

the exports of chemicals needed by high-tech industries.

Seoul accused Tokyo of economic retaliation for the court decision, although Japan insisted the trade restrictions were for security reasons. South Korea also removed Japan from its list of trusted trading partners.

In announcing its decision Thursday, South Korea said Japan's allegations about security concerns undermined trust between the two nations and the intelligence-sharing agreement was no longer in its national interest.

South Korea also began a two-day military exercise Sunday asserting control over islets off its eastern coast that are also claimed by Japan.

Warships and planes as well as ground forces descended on the largely uninhabited islets, which South Korea calls Dokdo and Japan calls Takeshima.

Tokyo criticized the drills as relations between the countries have deteriorated to the worst levels in decades.

Mediation efforts

The U.S. has long faced a delicate balance in dealing with the fraught relations between its two closest Asian allies.

It's like a full-time job getting involved between Japan and South Korea," President Donald Trump told reporters last month.

Secretary of State Mike Pompeo failed to bridge the gap during an Aug. 2 meeting with the South Korean and Japanese foreign ministers on the sidelines of a regional forum in Thailand.

The Chinese foreign minister also met with his South Korean and Japanese counterparts in what was seen as an effort by Beijing to assert its influence.

China opposed the Korea-Japan agreement at its inception in 2016, claiming it would worsen tensions with the North. But the Chinese called on Tokyo and Seoul to continue dialogue during the trilateral meeting shortly before South Korea announced its decision.

gamei.kim@stripes.com
Twitter: @kimgamei

MILITARY

Ex-Army spouse awarded \$3.2M in revenge porn suit

By PAUL WOOLVERTON
The Fayetteville (N.C.) Observer

A Fayetteville bartender won a \$3.2 million verdict Monday evening against her ex-husband and his new significant other in what appears to be North Carolina's first revenge porn lawsuit to reach a jury verdict.

Elizabeth Ann Clark a year ago leveled accusations of alienation-of-affection, libel and revenge porn in the case against ex-husband Army Maj. Adam Matthew Clark and his partner, Army Lt. Col. Kimberly Rae Barrett, in Cumberland County Superior Court.

"Alienation-of-affection" is the legal term for instances in which someone outside a marital relationship breaks up the marriage.

Elizabeth Clark's case said that she and Adam Clark, who is stationed on Fort Bragg, had been married since April 2010. They had two children together. She alleged that he began an affair with Barrett in 2016, when Adam Clark was temporarily working at Fort Belvoir, Va.

Lawyer Michael Porter contended to the jury in closing arguments Monday that Barrett, recently divorced and over age 40, wanted to start a family. She began her relationship with Adam Clark to make that happen, Porter said, and stole him away from Elizabeth Clark.

The evidence included sexting between Adam Clark and Barrett in which he sent a sexually explicit video of himself, Porter

said.

Barrett, a physician, has since come to Fort Bragg and practices at Womack Army Medical Center. Adam Clark has fathered a child with Barrett via in vitro fertilization, Porter said.

Adam Clark has misdemeanor charges of stalking and cyberstalking pending against him in Cumberland County District Court in connection with the allegations. Another member of Elizabeth Clark's legal team, Jose Coker, said Barrett testified she is being investigated by the military for adultery, which is a crime in the military, using her position to influence childcare and accessing the medical records of Elizabeth Clark and her children.

Barrett and Adam Clark's lawyers argued that there was little evidence that Elizabeth Clark had been harmed by the pictures and comments. They also said there was a lack of direct evidence that the topless photo was shared to Kik. There was evidence a version of it with her naked breast partly covered with a star was shared to Facebook.

The jury ordered Barrett to pay Elizabeth Clark \$1.2 million and Adam Clark to pay her \$2 million. The judge, Mary Ann Talley, assessed an additional \$10,000 on Adam Clark for the revenge porn, Porter said.

Elizabeth Clark said the money, should she receive it, will help her take care of her children, particularly her 5-year-old son who is severely disabled with autism.



U.S. Marine Staff Sgt. Derrick Clark, a kennel supervisor with Headquarters and Service Company, 2nd Battalion, 9th Marine Regiment, comforts Sgt. Yeager, an improvised explosive device detection dog, on April 22, 2012. Yeager is the 2019 Military Dog of the Year.

ALFRED V. LOPEZ/U.S. MARINE CORPS

Military dog is award finalist

By TRENT BROWN
The (Raleigh, N.C.) News & Observer

In 2012, Lance Cpl. Abraham Tarwoe and his dog, Sgt. Yeager, were patrolling the Marjah district of Iraq.

A Marine had been injured by an improvised explosive device, so the pair were looking for other bombs in the area.

Suddenly, Tarwoe stepped on a buried IED, and it exploded, killing him. Yeager suffered shrapnel wounds that took months to recover from and cost him part of his right ear.

Ninety-two military working dogs died in Iraq and Afghanistan from 2001 to 2013, according to a study in Military Medicine. Roughly one in four died from explosions, the second leading cause of death after gunshot wounds.

Yeager was awarded a Purple Heart for his injuries after serving three combat tours and more than 100 detection patrols.

Now, the 12-year-old Labrador retriever is going to Hollywood, where he will be honored as the

nation's top military dog and will compete for the title of American Hero Dog.

Tarwoe was born in Liberia and fled the country's civil war at age 12 to the United States. He went to high school in New Jersey. His citizenship was being processed when he was killed.

He was buried in Liberia, where many of his family members still live. He was 26 years old.

Yeager began serving alongside Tarwoe, a mortarman, in 2011 for the Weapons Company of the 2nd Battalion, 9th Marine Regiment.

According to American Humane, fellow Marines described the bond between the handler and his dog as "unbreakable."

On the day of Tarwoe's memorial service, Yeager approached the wooden cross and lay in front of it, unprompted, until after everyone had left.

After recovering from his injuries, Yeager was adopted by Caroline Zuendel's family in Cary because Tarwoe's widow couldn't take care of both him and their infant son.

Zuendel was married to a veteran, and Yeager went with the family to all of his hospital visits. They quickly realized how mild-mannered and sweet he is.

Yeager is the 2019 Military Dog of the Year and one of seven dogs receiving 2019 American Humane Hero Dog awards. They are now finalists for the grand prize: American Hero Dog.

He will be flown to Hollywood for an awards gala Oct. 5 at the Beverly Hilton. The show will broadcast Oct. 23 on the Hallmark Channel.

Yeager is also going to Washington in September to receive the Medal of Courage from American Humane, a national nonprofit founded in 1877.



Cheapest fares



+49 621 72920

www.abctravel.de

B-2 Spirit stealth bombers arrive in Europe for training

Stars and Stripes

A task force of B-2 Spirit stealth bomber aircraft arrived in Europe on Tuesday to train with allies, U.S. European Command said.

The aircraft and a contingent of airmen along with supporting equipment deployed from the 509th Bomb Wing at Whiteman Air Force Base, Mo.

The aircraft will operate out of RAF Fairford, England, which serves as a forward operating location for bombers, EUCOM said.

The B-2 Spirit, which is capable of carrying nuclear weapons, is a long-range bomber designed to penetrate sophisticated air defense systems.

During the past five years, the military has stepped up the number of aircraft rotations to Europe as part of the effort to reassure allies and deter a more assertive Russian military.



KAYLA WHITE/U.S. Air Force

Airman 1st Class Austin Sawchuk, a crew chief assigned to the 509th Bomb Wing, marshals in a B-2 Spirit on the flight line at RAF Fairford, England, on Tuesday. B-2 Spirits from Whiteman Air Force Base, Mo., along with equipment and personnel, arrived at RAF Fairford early Tuesday to train with allies.

WAR ON TERRORISM

Kurdish fighters moving from Syrian safe zone

By BASSEM MROUE
Associated Press

BEIRUT — The main U.S.-backed Syrian Kurdish militia has begun withdrawing its fighters from two towns near Turkey's border, part of a deal for a so-called safe zone in northeastern Syria involving the U.S. and Turkey, the Kurdish-led regional administration in northern Syria said Tuesday.

Turkey has been pressing for a safe zone, running east of the Euphrates River toward the Iraqi border, to push U.S.-allied Syrian Kurdish militias away from its frontier. Turkey wants to control — in coordination with the U.S. — a 19- to 25-mile-deep zone within civil war-ravaged Syria.

Turkey wants the region along its border to be clear of Syrian Kurdish forces and has threatened on numerous occasions to launch a new operation in Syria against Syrian Kurdish forces if such a zone is not established.

Turkey sees the Syrian Kurdish fighters, who make up the majority of the Syrian Democratic Forces and are allied with the U.S., as terrorists aligned with the Kurdish insurgency within Turkey. American troops are stationed in northeast Syria, along with the Kurdish forces, and have fought Islamic State together.

The differing positions on the Kurdish fighters have become a major source of tension between NATO allies Turkey and the U.S.

The administration said "the first step" in these understandings began three days ago in the town of Ras al-Ayn, from where members of the militia known as YPG withdrew with their heavy weapons. The statement that was read by Zeidan al-Assi, head of the defense office at the administration, added that similar steps were taken Monday in the border town of Tal Abyad.

It said the Kurdish militia positions were taken over by local forces, without elaborating.

On Monday, Turkish Defense Minister Hulusi Akar said Turkish and U.S. troops will soon begin joint patrols as part of a deal for a so-called safe zone. He said a joint helicopter flight has already taken place.

In northwest Syria, Syrian insurgents launched counterattacks Tuesday in and near areas recently taken by government forces in the country's last remaining rebel region, after a series of setbacks they suffered in recent weeks, opposition activists said.

The fierce fighting killed more than 50 fighters on both sides, according to the Britain-based Syrian Observatory for Human Rights.

It also underscored that President Bashar Assad's forces will face a long, hard fight as they try to chip away at the last rebel-held territory.



A man accused of being an Islamic State militant sits in a small makeshift courtroom before judges affiliated to the Kurdish administration in May in Qamishli, Syria.

ALICE MARTINS
For The Washington Post

Syrian prison hopes to rehab ISIS fighters

By LIZ SLY
The Washington Post

QAMISHLI, Syria — At a closely guarded prison in this northeastern Syrian town, former Islamic State fighters make papier-mache models of birds, flowers and trees while serving sentences that typically run two or three years.

Across the border in Iraq, Islamic State detainees are being held in degrading conditions, subjected to torture and often, when brought to trial, given long sentences or the death penalty, according to human rights groups.

The Syrian Kurds' allies of the United States are attempting a different approach. Their goal, Kurdish officials say, is to rehabilitate and reintegrate many of the ISIS fighters in their custody in hopes of deterring a revival of the militant movement.

The Syrian Kurds' leftist ideology precludes the death penalty, and their few functioning courts issue light sentences for fighters not found to have committed major crimes. Hundreds more militants have simply been freed in deals with local Arab tribes whose cooperation the Kurds need to maintain.

By acting with leniency, the Kurds hope to break the cycle of revenge that has trapped so much of the region in conflict for decades, said Khaled Barjas Ali, a senior judge in the terrorism courts run by the self-proclaimed Kurdish administration in northeastern Syria.

"If I sentence a man to death, I am spreading hate. We want to give people reasons to trust us," he said. "If you take revenge, people will be radicalized. But with reconciliation we are sure we can finish the problem."

It is an imperfect effort that is patchily enforced, inexpertly applied and acutely under-resourced. But it raises a question unanswered by the wider international community despite nearly two decades of war against terrorism: Do harsh punishments work to deter extremism?

"It's the million-dollar question," said Colin Clarke, an expert in counterterrorism and deradicalization with the Soufan Group consultancy. "We still don't have a good understanding of what works and what doesn't work. We don't have a large body of evidence to look back upon."

The United States and its allies vigorously

prosecuted the military campaign that resulted in the territorial defeat of ISIS in March.

They have put less effort into managing the aftermath of the war, including what to do with the approximately 90,000 ISIS fighters and family members who survived the battles, he said.

"As soon as the kinetic fight was over, it's, 'Oh, ISIS is done,' and we walk away," Clarke said.

The Syrian Kurds have been left almost alone to accommodate, feed and guard the captives now being held in either prisons or internment camps. Among the detainees are 1,000 foreign fighters and 9,000 of their wives and children from 46 countries, only 14 of which have agreed to repatriate citizens and mostly only children, according to the Kurdish administration.

The Kurds are appealing for international help and are promoting a proposal for a U.N. tribunal to bring to justice the foreign fighters they hold. But the international community has shown little interest in backing the plan, said Letta Tayler, of New York-based Human Rights Watch.

Unlike Iraq, the Kurdish administration in Syria's northeast is not an internationally recognized sovereign state and is closely affiliated to the Kurdistan Workers' Party, or PKK, designated a terrorist organization by Turkey, the United States and Europe. That precludes many forms of direct assistance that might imply recognition, diplomats say.

The Kurds are keen to demonstrate that their judicial system is fair and meets international standards, in the hope of receiving assistance, Tayler said.

But trained legal staff are scarce, and the system appears haphazard, at best.

In the past five years, the three terrorism courts established by the Kurds have tried some 1,500 cases, according to Hassan Hassan, an administrator at one of the courts in the city of Qamishli. An additional 4,000 Syrian fighters are awaiting trial — a backlog that will take 13 years to clear at the current pace.

The Kurds are also holding 1,500 Iraqi fighters and 1,000 foreigners whom they have no intention of bringing to court unless their proposal for an international tribunal is adopted, Hassan said.

One recent trial held in a small side office

at the Qamishli court seemed a makeshift affair. A 19-year-old defendant called Omar sat handcuffed on a chair in the middle of the room. Four people squeezed behind a desk, three of them judges, one the prosecutor. He read out the charge: that the accused had fought with ISIS.

Omar had no defense lawyer. He said he was 15 when he joined the militants and did so only for the money. After a process that lasted seven minutes, he put his thumbprint on a copy of his statement and was led away. A sentence will be issued later, but convictions in such cases typically draw about two years, Hassan said.

Some, including members of the Arab tribes who allied with the Kurds against the militants, believe the Kurds are being too lenient, according to Hassan Hassan, of the Washington-based Center for Global Policy, who is from eastern Syria but is not related to the court official.

"Some people complain it's a process that will backfire," he said, "that you have too many former ISIS fighters who are sitting with their families back home and you don't know if they are just waiting to be reactivated."

There is also the question of fairness, he said. While some fighters are being freed and others are given light sentences, others wait years for a trial. And there is no process for dealing with the cases of the tens of thousands of women and children detained in the dismal internment camps.

Access to the prisons housing the fighters still awaiting trial is prohibited. There have been scattered but persistent reports of abuses against captives by Kurdish and Arab fighters with the Syrian Democratic Forces, the Kurdish-led militia that fought ISIS.

A visit to the prison in Qamishli where about 400 convicted fighters are serving their sentences suggests conditions for at least some are better than those in Iraqi prisons.

The Qamishli facility, originally a Syrian government prison, features a visiting hall with glass booths and intercoms, a barber and a dental clinic. The air-conditioned cells have three-tier bunk beds and televisions tuned to Arabic soap operas.

"Here we have learned that the ISIS ideology was wrong," said a 36-year-old former fighter, who said he had 10 weeks left to serve, in the presence of prison guards.

NATION

Trump's 'unity' at G-7 ignores world differences

Associated Press

BIARRITZ, France — Never mind his differences with world leaders on China, trade, Russia, Iran and more. President Donald Trump's takeaway message from the Group of Seven summit in France was "unity." In fact, "flawless" unity.

During this year's gathering of leaders of the world's wealthiest democracies, Trump went to great lengths to portray it as something of a lovefest, papering over significant disagreements on major issues.

"If there was any word for this particular meeting of seven very important countries, it was unity," Trump said at a news conference Monday closing out the two-day gathering in the French resort of Biarritz.

After Trump disrupted the last two G-7 summits with his erratic behavior, other world leaders seemed determined to play along this year in the interest of keeping any negative drama out of the headlines.

First came the decision by French President Emmanuel Macron, the summit host, to scrap the annual practice of issuing a lengthy joint statement, one of Trump's pet peeves. The summit's conclusion, the document typically spells out the consensus that leaders have reached on issues on the summit agenda and provides a road map for how they plan to tackle them.

Trump roiled the 2017 meeting in Italy over the climate change passage in that summit's final statement. He withdrew his signature from the 2018 communique after complaining he had been slighted by Canadian Prime Minister Justin Trudeau, the host that year.

"I think it's against the background that Macron decided it's not worth it" to issue a statement, said Thomas Bernes, a distinguished fellow at the Center for International Governance Innovation in Canada.

Instead, the leaders issued a

final "declaration" that began, "The G7 leaders wish to emphasize their great unity and the positive spirit of their debates."

Macron also sought to play down awkward differences and said that what the G-7 leaders were "really keen on was to convey a positive and joint message following our discussions."

Trump came under pressure to end his lengthy trade dispute with China. Macron said the dispute had served to "create uncertainty" that is "bad for the world economy."

Differences over Russia didn't stay hidden either.

Trump, as he had before last year's summit, said he would like to see Russia readmitted to the club. The former G-8 kicked Russia out after President Vladimir Putin annexed the Crimean Peninsula in 2014.

Canada's Trudeau told reporters he had privately aired his objection to Russian readmittance.

"Russia has led to its expulsion in 2014, and therefore should not be allowed back into the G-7," he said at a news conference.

For all the courting of Trump by Japanese Prime Minister Shinzo Abe, Trump wouldn't adopt Abe's position that short-range ballistic missile tests by neighboring North Korea violate U.N. resolutions.

Trump also claimed that "great unity" existed on Iran, but he largely just restated his long-held views about the country, some of them hardly shared.

France, Germany and other G-7 members are unhappy that Trump withdrew the U.S. from a 2015 international pact that eased sanctions on Iran in exchange for the Iranians agreeing to limit their nuclear program.

Trump said the biggest conclusion the leaders reached was that Iran "can't have nuclear weapons." Far from a breakthrough, that has been the world's position for decades.



SEAN KILPATRICK, THE CANADIAN PRESS/AP

From left: British Prime Minister Boris Johnson, Canadian Prime Minister Justin Trudeau and German Chancellor Angela Merkel take part in a meeting Monday at the Group of Seven summit in Biarritz, France, with French President Emmanuel Macron. Other members include Italy, the U.S. and Japan.

Trump resort 'a natural' for summit?

Associated Press

MIAMI — President Donald Trump was in full sales mode Monday, doing everything but pass out brochures as he touted the features that would make the Doral golf resort the ideal place for the next G-7 Summit — close to the airport, plenty of hotel rooms, separate buildings for every delegation, even top facilities for the media.

There's just one detail he left out: He owns the place.

Government ethics watchdogs have long railed against the perils of Trump earning money off the presidency and hosting foreign leaders at his properties. But they say Trump's proposal to bring world leaders to his Miami-area resort takes the conflict of interest to a whole new level because, unlike stays at his Washington hotel, they would have no choice but to spend money at his property.

"It's ethics violation squared," said Kathleen Clark, of Washington University School of Law in St. Louis.

Added Larry Noble, a former general counsel at the Federal Election Commission, "This is him making it perfectly mandatory that they stay at his resort."

Trump's proposal at the cur-

rent G-7 Summit in Biarritz, France, portrayed the Doral resort in the most glowing terms, even though he said later he was more interested in logistics for the meeting than making money.

"We have a series of magnificent buildings ... very luxurious rooms," Trump told reporters. "We have incredible conference rooms, incredible restaurants, it's like — it's like such a natural."

Trump's pitch comes as several lawsuits accusing the president of violating the U.S. Constitution's emoluments clause, which bans gifts from foreign governments, wind their way through the courts.

It also comes as Doral, by far the biggest revenue generator among the Trump Organization's 17 golf properties, appears to have taken a hit from Trump's move into politics.

The trouble began soon after Trump announced he was running for the presidency in 2015 with a speech that called Mexican immigrants crossing the border illegally rapists and murderers. Businesses started cutting ties to the president. The PGA and NASCAR moved events that used to be booked at Doral

elsewhere.

A financial disclosure report filed with the federal government this year showed revenue at the club has barely been growing — up just \$1 million to \$76 million.

Trump's financial disclosure also shows he owes a lot of money to Deutsche Bank for the property, which helped him buy it in 2012. As of the end of last year, Trump had two mortgages on the resort, one for more than \$50 million, the other for as much as \$25 million.

In an effort to assuage critics, Trump agreed before he took office to donate profits from foreign government spending at its properties. But the company is private, so it's not certain the \$340,000 donated so far is all of the profits, or even precisely how "profits" is defined.

The company has also said it doesn't actively seek foreign government business, and even tries to turn it away. Earlier this year, Eric Trump said the company goes "to great lengths" to discourage such spending.

It's not clear how hosting the G-7 would square with that policy. The Trump Organization did not respond to several requests for comment.

Ex-ambassadors implore president to urge Poland to honor rule of law

Associated Press

WARSAW, Poland — Dozens of former Polish ambassadors are telling President Donald Trump that Poland's democracy is at risk and urging him to pressure the country's populist government during a coming visit to respect human rights and stop flouting the constitution.

"Mr. President, you are coming to a country where the rule of law is no longer respected," the Conference of Ambassadors of the Republic of Poland wrote in an open letter posted on its website late Monday.

Trump is to arrive Saturday in Warsaw,

to attend ceremonies Sunday marking the 80th anniversary of the start of World War II, which began with Nazi Germany's invasion of Poland on Sept. 1, 1939. More than 40 other world leaders will also attend.

The former ambassadors, some of whom have had multiple postings abroad and also held government positions at home, are also urging Trump to stop sowing divisions within the European Union and NATO, reminding him that Poland — a country in a difficult geographic position — depends on those alliances for its security and long-term survival.

"An isolated Poland, surrounded by enemies, conflicted with its neighbors and, as was the case before World War II, reliant solely on geographically distant alliances, is on course to another catastrophe," they say.

It will be Trump's second visit to Poland, where a nationalist right-wing government that shares his anti-migrant views welcomed him enthusiastically in 2017.

At the time, the government was moving to restrict judicial independence, a process that picked up speed after Trump's visit. His coming visit follows recent revelations the Justice Ministry encouraged an online

hate campaign against judges who have been critical of the government.

It also comes as the ruling party, Law and Justice, and the country's powerful Catholic church have been depicting gays and lesbians as threats to Polish society.

The ruling party has repeatedly denied accusations of violating democracy, noting that it came to power in free elections and that it still enjoys the approval of many Poles. It is by far the most popular party in the country, approval that is partly explained by generous welfare policies for families and farmers.

NATION

Trump asks for broad asylum enforcement

Associated Press

WASHINGTON — The Trump administration is asking the Supreme Court to allow it to prevent Central American immigrants from seeking asylum no matter

where they cross the U.S. border.

The administration in court papers filed Monday wants the justices to expand a partial legal victory it won earlier in August in a federal appeals court.

The 9th U.S. Circuit Court of Appeals had said the government could enforce the policy everywhere but in California and Arizona, states covered by the 9th Circuit.

The Justice Department calls the order now in effect “deeply flawed.”

The policy would deny asylum to anyone who passes through another country on the way to the

U.S. without seeking protection there.

Most people crossing the southern border are Central Americans fleeing violence and poverty. They’d largely be ineligible.

Administration ends protection for families in US for medical care

By PHILIP MARCELO
Associated Press

BOSTON — The Trump administration has eliminated a protection that lets immigrants remain in the country and avoid deportation while they or their relatives receive life-saving medical treatments or endure other hardships, immigration officials said in letters issued to families this month.

Critics denounced the decision as a cruel change that could force desperate migrants to accept less treatment in their poverty-stricken homelands.

Mariela Sanchez, a native of Honduras who recently applied for the special exemption, said a denial would amount to a death sentence for her son, Jonathan, 16, who suffers from cystic fibrosis. They are among many families who settled in Boston to seek care at some of the nation’s top hospitals.

Sanchez, who arrived in the U.S. with her family in 2016, said she lost a daughter to the same disease years ago after doctors in her home country failed to diagnose it.

The disease, which is hereditary, affects the lungs and digestive system and has no cure.

“He would be dead” if the family had remained in Honduras, she said of her son. “I have panic attacks over this every day.”

In Boston alone, the decision

could affect about 20 families with children fighting cancer, HIV, cerebral palsy, muscular dystrophy, epilepsy and other serious conditions, said Anthony Marino, head of immigration legal services at the Irish International Immigrant Center, which represents the families.

Advocates say similar letters from Citizenship and Immigration Services have been issued in California, North Carolina and elsewhere.

“Can anyone imagine the government ordering you to disconnect your child from life-saving care — to pull them from a hospital bed — knowing that it will cost them their lives?” Marino said.

“This is a new low,” Democratic Sen. Ed Markey said. “Donald Trump is literally deporting kids with cancer.”

A Citizenship and Immigration Services spokeswoman said the policy change was effective Aug. 7.

It affects all pending requests, including from those seeking a renewal of the two-year authorization and those applying for the first time. The only exception is for military members and their families.

The special status is similar to the Deferred Action for Childhood Arrivals program that then-President Barack Obama created in 2012 to shield immigrants brought to the country as



ELISE AMENDOLA/AP

Mariela Sanchez, of Honduras, comforts her son, Jonathan, 16, during a news conference Monday in Boston. They came to the U.S. seeking treatment for Jonathan’s cystic fibrosis. U.S. immigration officials are ordering people who were granted deferred action for medical treatment to return to their countries.

children from deportation — another policy the administration has been trying to dismantle.

The agency estimates it receives about 1,000 deferred action requests per year that are related neither to the military nor to DACA. Most of them cite medical or financial hardships, the agency said.

Going forward, applicants will be able to seek deportation deferrals from a different agency, Immigration Customs and En-

forcement, according to the spokeswoman.

Letters sent to Boston-area families last week and reviewed by The Associated Press, however, do not mention that option. They simply order applicants to leave the country within 33 days or face deportation, which can hurt future visa or immigration requests.

The elimination of the special status for medical care is one of several aggressive steps the

Trump administration has taken in recent weeks to crack down on immigrants.

The administration also wants to deny green cards to many immigrants who use Medicaid, food stamps, housing vouchers or other public assistance, and to end a long-running agreement limiting how long migrant children can be kept in detention.

It also wants to effectively ban asylum along the U.S.-Mexico border.

Subpoena means Porter to testify on same day as Lewandowski

Associated Press

WASHINGTON — The House Judiciary Committee has subpoenaed former White House staff secretary Rob Porter as part of its investigation into President Don-

ald Trump’s conduct in office and whether he should be impeached.

The subpoena demands that Porter testify at a Sept. 17 hearing. The committee previously subpoenaed former Trump cam-

paign manager Corey Lewandowski and former White House aide Rick Dearborn to appear that same day. All three men are featured prominently in former special counsel Robert Mueller’s

report on Russia and Trump’s possible obstruction of justice.

Mueller said he could not exonerate Trump on obstruction and has indicated he believes the matter is now up to Congress.

The Judiciary panel has sued the Trump administration for blocking previous witnesses. The White House says those witnesses are “absolutely immune” from testimony.

Travel the Pacific!
(2019 Readership Survey)

Be 1 of the 4 lucky winners
to win a GoPro w/ 32GB SD card,
and the Handler Floating Handgrip!

Tell us what you know about us and be entered for a chance to win a GoPro!

Enter by Aug. 31 at
<https://www.surveymonkey.com/r/2019travelpacific>

NATION

Catholic abuse cases settled on cheap in Miss.

By MICHAEL REZENDES
Associated Press

GREENWOOD, Miss. — A famed Catholic religious order settled sex abuse cases in recent months by secretly paying two black Mississippi men \$15,000 each and requiring them to keep silent about their claims, The Associated Press has found.

The cash payments are far less than what other Catholic sex abuse survivors have typically received since the church's abuse scandal erupted in the United States in 2002.

An official with the Franciscan Friars order denies the two men's race or poverty had anything to do with the size of the settlements.

In one case, the Rev. James G. Gannon, leader of a group of Wisconsin-based Franciscan Friars, settled an abuse claim made by La Jarvis D. Love against another friar for \$15,000 during a meeting at an HOP restaurant where Gannon met with La Jarvis, his wife and their three small children.

"He said if I wanted more, I would have to get a lawyer and have my lawyer call his lawyer," Love, 36, told The Associated Press. "Well, we don't have lawyers. We felt like we had to take what we could."

La Jarvis' cousin, Joshua K. Love, 36, also settled his abuse claim for \$15,000 — something he now regrets.

"They felt they could treat us that way because we're poor and we're black," Joshua Love said of the settlements he and La Jarvis received.

Across the United States, settlements have ranged much higher. In 2006, the Catholic Diocese of Jackson, which includes Greenwood, settled lawsuits involving 19 victims — 17 of whom were white — for \$5 million, with an average payment of more than \$250,000 per victim.

In 2018, the St. Paul-Minneapolis archdiocese agreed to pay an average of nearly \$500,000 each to clergy abuse survivors.

Joshua Love and La Jarvis Love and a third alleged victim, Joshua's brother Raphael Love, say they were repeatedly abused by Brother Paul West during the 1990s, after they were elementary school students at St. Francis of Assisi School in Greenwood.

On some occasions, Joshua Love said, West asked whether he preferred to be beaten or molested. "He gave me the option to whup me or play with my penis," he said.

Joshua Love said he was also abused by a second Franciscan at the school, the late Brother Donald Lucas.

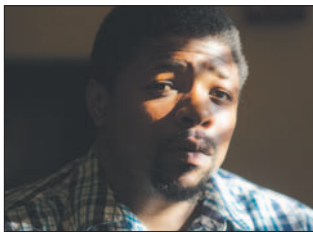
Gannon, during interviews with the AP, said he believes that Joshua, La Jarvis and Raphael Love were abused and acknowledged that the settlements are less than generous.

"We've hurt them tremendously and no amount of money would ever account for what happened to them," he said.

Asked if the Loves' race or poverty had anything to do with the size of the settlements they were offered, Gannon said, "Absolutely not."

Gannon also said the Franciscans have no intention of enforcing the nondisclosure agreements in the two settlements.

But the secret deals the Franciscans reached with La Jarvis and Joshua Love show that, in some cases, the American church continues efforts to limit financial fallout and keep sexual abuse under wraps — as it did in the years before 2002 when settlements



PHOTOS BY WONG MAYE-EP

Above: La Jarvis D. Love, of Senatobia, Miss., says he was sexually abused by a Franciscan friar at a Catholic grade school in Greenwood. Below: Joshua K. Love sits in the living room of his home in Greenwood, Miss. Love says he was also sexually abused at a local Catholic grade school.



with victims were routinely arranged in secret for small sums of money.

West, now 59, declined to answer questions. Lucas died in 1999 in an apparent suicide. But the Jackson diocese has found the allegations against them credible and recently notified the local district attorney in Greenwood.

Unlike Joshua and La Jarvis Love, who reported their alleged abuse last year, Raphael Love told Church authorities about West while his alleged abuse was taking place in 1998 when he was 9 years old.

Stephen J. Carmody, an attorney for the Diocese of Jackson, said church officials notified police and a social services agency in 1998.

Raphael Love, now 30, is currently serving a double homicide he committed when he was 16. He said he rejected Gannon's offer to settle his abuse claim for \$15,000, saying he needed more to hire an attorney to appeal his criminal conviction.

Gannon said West was recalled from Greenwood in 1998 and that the Franciscans lost touch with him after he left the Franciscan order.

But the AP discovered that West began teaching fifth grade at a Catholic school near his home in Appleton, Wis., in 2000, and remained on the job until at least 2010.

John F. Hawkins, the Jackson civil attorney who represented victims in the 2006 settlement, said he's preparing to file a lawsuit on behalf of La Jarvis and Joshua Love in which he will argue that the settlements they signed are not legally binding, in part due to the "extreme emotional and financial duress" they were under at the time.

Drugmaker told to pay \$572M in opioid lawsuit

By SEAN MURPHY
Associated Press

NORMAN, Okla. — An Oklahoma judge Monday found Johnson & Johnson and its subsidiaries helped fuel the state's opioid crisis and ordered the consumer products giant to pay \$572 million, more than twice the amount another drug manufacturer agreed to pay in a settlement.

Cleveland County District Judge Thad Balkman's ruling followed the first state opioid case to make it to trial and could help shape negotiations over roughly 1,500 similar lawsuits filed by state, local and tribal governments consolidated before a federal judge in Ohio.

"The opioid crisis has ravaged the state of Oklahoma," Balkman said before announcing the judgment. "It must be abated immediately."

An attorney for the companies said they plan to appeal the ruling to the Oklahoma Supreme Court.

Before Oklahoma's trial began May 28, the state reached settlements with two other defendant groups — a \$270 million deal with OxyContin-maker Purdue Pharma and an \$85 million settlement with Israeli-owned Teva Pharmaceutical Industries Ltd.

Oklahoma argued the companies and their subsidiaries created a public nuisance by launching an aggressive and misleading marketing campaign that overstated how effective the drugs were for treating chronic pain and understated the risk of addiction.

Oklahoma Attorney General Mike Hunter says opioid overdoses killed 4,653 people in the state from 2007 to 2017.

Hunter called Johnson & Johnson a "kingpin" company that was motivated by greed. He specifically pointed to two former Johnson & Johnson subsidiaries, Noramco and Tasmanian Alkaloids, which produced much of the raw opium used by other manufacturers to produce the drugs.

On Monday, Hunter said the Oklahoma case could provide a

"road map" for other states to follow in holding drugmakers responsible for the opioid crisis.

"That's the message to other states: We did it in Oklahoma. You can do it elsewhere," Hunter said. "Johnson & Johnson will finally be held accountable for thousands of deaths and addictions caused by their activities."

Oklahoma pursued the case under the state's public nuisance statute and presented the judge with a plan to abate the crisis that would cost between \$12.6 billion for 20 years and \$17.5 billion over 30 years. Attorneys for Johnson & Johnson have said that estimate is wildly inflated. The judge's award would cover the costs of one year of the state's abatement plan, funding things such as opioid use prevention and addiction treatment.

Attorneys for the company have maintained they were part of a lawful and heavily regulated industry subject to strict federal oversight, including the U.S. Drug Enforcement Agency and the Food and Drug Administration, during every step of the supply chain. Lawyers for the company said the judgment was a misapplication of public nuisance law.

Sabrina Strong, an attorney for Johnson & Johnson and its subsidiaries, said the companies have sympathy for those who suffer from substance abuse but called the judge's decision "flawed."

"You can't sue your way out of the opioid abuse crisis," Strong said. "Litigation is not the answer."

Attorneys for the plaintiffs in the cases consolidated before a federal judge in Ohio called the Oklahoma judgment "a milestone amid the mounting evidence against the opioid pharmaceutical industry."

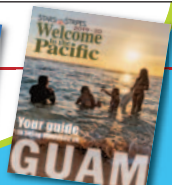
"While public nuisance laws differ in every state, this decision is a critical step forward for the more than 2,000 cities, counties, and towns we represent in the consolidation of federal opioid cases," they said in a statement.

NEW IN PACIFIC?

To get your free Stars and Stripes Welcome to the Pacific magazine.

Contact us at CustomerHelp@stripes.com

Local culture and customs • Language • Food
Public transportation • and more!



NATION

Pence says Trump a better choice than any Democrat

Associated Press

ANDERSON, S.C. — Vice President Mike Pence told South Carolina conservatives Monday night that another four years for the Trump administration is a far better choice than anything the Democratic Party might offer from its nomination race.

"Have faith in the American people," Pence told about 3,000 people attending a fundraising barbecue in the town of Anderson. "When the American people are given a choice between more freedom and more government, they'll choose freedom every time."

Pence spoke at the Faith and Freedom BBQ, an annual fundraiser for U.S. Rep. Jeff Duncan, one of the more conservative members of South Carolina's congressional delegation. Organizers tout the event as the state's largest annual gathering for conservatives, who packed a civic center for plates of barbecue, cole slaw and homemade ice cream.

Other speakers Monday included Duncan, Gov. Henry McMaster and U.S. Sen. Lindsey Graham, as well as U.S. Rep. Jim Jordan, of Ohio.

Pence said that South Carolina — 55% of its voters backed Donald Trump in 2016 — is a beneficiary of military victories and economic successes pledged by Trump during his campaign.

"It's been two and a half years of promises made and promises kept. We're just getting started, South

Carolina," Pence said. "With God's help, we will keep America great."

Pence visited the state in March to help Graham kick off his reelection bid. On Monday night, Graham playfully swiped at the president, with whom he said he got off to a "rocky start."

"I've come to like the president, admire the president," said Graham, who frequently sparred with Trump when both sought the 2016 nomination but now counts as an ally and frequent golfing partner. "He likes himself, so we've got a lot in common. ... This is a hell of a country, and we're not going to give it over to a bunch of socialists."

To applause and cheers, Graham also told the crowd, "If you're not here to support Trump/Pence, you came to the wrong place."

Before the program, former South Carolina Gov. Mark Sanford, who is mulling a primary challenge to Trump, worked the room, speaking with attendees and calling for a conversation on what he sees as the ignored topic of the national deficit.

Sanford visited the early voting state of New Hampshire earlier this month, where he said he felt he got "another greenlight" in terms of making a decision to challenge Trump. The former 1st District congressman, who is set to visit Iowa this week, has said he will take until Labor Day to make his decision.

Republican presidential hopefuls won't get much help from party

By WILL WEISSERT

Associated Press

WASHINGTON — "Never Trump" Republicans are eager to see the president confront a credible primary adversary. But the party will likely erect structural barriers that make that kind of challenge exceedingly difficult.

And for good reason: Every incumbent president for four-plus decades who has faced a serious primary opponent was weakened enough to ultimately lose reelection.

Joe Walsh, a former tea party-backed, one-term congressman from Illinois, on Sunday joined Bill Weld, the former Republican governor of Massachusetts, on the lonely road to try to unseat President Donald Trump.

Other Republicans may join

them. Mark Sanford, former governor and Republican congressman from South Carolina, has flirted with a 2020 presidential bid, and Republican ex-Ohio Gov. John Kasich is set to visit New Hampshire, which holds the nation's first presidential primary, in September.

So far, none of them seems to pose a serious threat. The president's supporters note that the ranks of outspoken "Never Trumpers" have dwindled substantially since Trump stormed a deep, 2016 presidential primary field of establishment Republicans and then toppled Democrat Hillary Clinton to win the White House.

Weld has held out the prospect that a multicandidate Republican field might prompt primary campaign debates. But Republican

National Committee members have done away with their standing debate committee ahead of next year's election, and scheduling debates could prove difficult since primary voting begins in about five months.

The RNC has also approved a nonbinding resolution declaring its "undivided support for President Donald J. Trump and his effective presidency."

Walsh, a conservative talk show host, seemed to be feeling the effects of Trump's power over the party Monday night when he revealed on CNN that he had lost his national radio show. He noted that 80% to 90% of his listeners were fans of Trump and said he knew his job could be in jeopardy when he made the decision to seek the White House.



CAROLYN KASTER/AP

In a Facebook post Monday, Rep. Joe Kennedy, D-Mass., seen in June 2018, said he's weighing a challenge to veteran Massachusetts U.S. Sen. Edward Markey in the 2020 Democratic primary.

Joe Kennedy mulls Senate run in Mass.

By BRIAN SLODYSKO
AND BOB SALSBERG

Associated Press

BOSTON — Massachusetts Rep. Joe Kennedy III, a scion of one of America's most storied political families, is taking steps to challenge Sen. Edward Markey in the 2020 Democratic primary, setting the stage for what could be a bitter intraparty battle split along generational lines.

It's rare for challengers to take on incumbent senators, and such a move would be provocative at a time when Democrats are trying to wrest control of the Senate from Republicans.

The potential matchup is notable because there doesn't appear to be a deep ideological divide between the two lawmakers. But this is a time of churn in the Democratic Party, with a younger generation asserting itself, as seen in the presidential contest and in the House, where Rep. Alexandria Ocasio-Cortez, of New York, overtook a seasoned party leader in a primary race last year.

Kennedy, 38, filed a statement of candidacy with the Federal Election Commission on Monday, though in a Facebook post he stopped short of formally declaring a run against Markey, 73, who is seeking a second full term in the Senate after spending decades representing the state in Congress.

"I am humbled by the words

and actions of so many people supporting my potential candidacy. It means the world," said Kennedy, a grandson of Robert F. Kennedy. "I plan to spend the next couple weeks talking to as many of you as I can, trying to figure out if this campaign is right for me and right for Massachusetts."

Kennedy, who is in his fourth term in Congress, added that while some people have told him he should wait his turn, "I'm not sure this is a moment for waiting."

The potential for what would be a serious, costly challenge to an incumbent delivered a jolt felt beyond Massachusetts. One national Democratic strategist said Kennedy's potential candidacy was not helpful and was a waste of time and resources when Democrats would rather focus on loosening Republicans' grip in battleground states to flip Senate control. The strategist was unauthorized to discuss the situation and spoke on condition of anonymity.

Kennedy is a rising star in the party who delivered Democrats' rebuttal last year to President Donald Trump's State of the Union address. He had previously signaled his intention to run for reelection in his House district, which stretches from the western suburbs of Boston to southeastern Massachusetts.

Rep. Duffy resigning from Wisconsin congressional seat

Associated Press

MADISON, Wis. — Republican Rep. Sean Duffy, a staunch supporter of President Donald Trump who was on the cast of MTV's "The Real World" before he went into politics, announced Monday that he is resigning from his Wisconsin congressional seat to spend more time with his family.

Duffy, 47, posted on Facebook that he recently learned that his ninth child, who is due in October, has a heart condition and "will need even more love, time, and attention due to complications."



Duffy

The fifth-term congressman represents Wisconsin's 7th District, which covers all

Duffy, who was on "The Real World: Boston" in 1997, plans to resign on Sept. 23. Democratic Gov. Tony Evers will call a special election to fill the vacancy and is researching options for when to hold it, said the governor's spokeswoman, Melissa Baldauff.

or parts of 20 northern and northwestern Wisconsin counties and is the state's largest congressional district geographically.

It has grown more conservative since Duffy took office in 2011. In 2012, Republican Mitt Romney carried the district with 51% of the vote, compared with 48% that went to then-President Barack Obama. In 2016, Trump won it by 57% to 37% over Democrat Hillary Clinton.

Duffy has been widely mentioned as a possible candidate for U.S. Senate or governor in 2022. He leaves Congress with about \$2.4 million in his campaign fund,

based on the most recent report that ran through June 30.

In his resignation announcement, Duffy said being away from his family for four days a week to serve in Congress is "challenging" and "I have always been open to signs from God when it comes to balancing my desire to serve both my family and my country."

"I have decided that this is the right time for me to take a break from public service in order to be the support my wife, baby and family need right now," Duffy said.

SCIENCE AND MEDICINE

Edible pot potency puts science to the test

Chocolate found to have effect on measuring

By CARLA K. JOHNSON
Associated Press

How much marijuana is really in that pot brownie? Chocolate can throw off potency tests so labels aren't always accurate, and now scientists are trying to figure out why.

In states where marijuana is legal, pot comes in cookies, mints, gummies, protein bars — even pretzels. These commercial products are labeled with the amount of high-inducing THC. That helps medical marijuana patients get the desired dose and other consumers attune their buzz.

But something about chocolate, chemists say, seems to interfere with potency testing. A chocolate labeled as 10 milligrams of THC could have far more and send someone to the emergency room with hallucinations.

The latest research on chocolate, to be presented at a San Diego meeting this week, is one example of chemistry's growing role in the marijuana industry. Besides chocolate's quirks, chemists are working on extending shelf life, mimicking marijuana's earthy aroma and making products safer.

The marijuana business is at a crossroads in its push for legitimacy. The federal government still considers marijuana illegal, yet more than 30 U.S. states allow it for at least medical use. Even in those states, there are no recognized standard methods for testing products for safety and quality.

Chemists working for marijuana companies and testing labs are developing those standards and some are legally protecting their ideas.

Scores of cannabis-related inventions have received U.S. patents, said Boston attorney Vincent Capuano, who holds a doctorate in organic chemistry. Inventors have patented ways of putting cannabis into milk, coffee pods, ice pops and chewing gum.

"There's a lot of flash and hipness, snake oil and marketing. But there's still a lot of real chemical advance happening," Capuano said of the industry. "It's right in center field for chemists."

Marijuana contains hundreds of chemicals, including cannabinoids such as THC and CBD, a trendy ingredient with unproven health claims. Some pose challenges when they're processed. Chocolate is a good example.

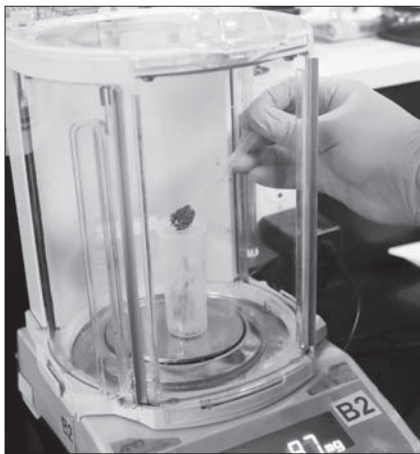
"The chocolate itself is affecting our ability to measure the cannabinoids within it," said David Dawson, chemist and lead researcher at CW Analytical Laboratories in Oakland, Calif., which tests marijuana.

The more chocolate in the vial,



PHOTOS BY JEFF CHIU/AP

Chemist David Dawson holds up a vial of an extracted cannabis-infused chocolate bar as he demonstrates testing for THC and other chemicals at CW Analytical Laboratories in Oakland, Calif., on Aug. 16. Chemists are trying to solve a scientific mystery involving marijuana brownies.



Dawson pours pieces of a cannabis-infused chocolate bar into a vial to test for THC and other chemicals.

the less accurate the test results, he found. He thinks some of the THC is clinging to the fat in chocolate, effectively hiding from the test.

Dawson's research is on the agenda at the American Chemical Society meeting in San Diego.

The conference includes 20 presentations about marijuana's technical challenges, said Markus Roggen, a Vancouver, British Co-

lumbia-based chemist organizing the program. That's a big change from a few years ago when presenters didn't get much beyond the basics such as "This is THC. This is CBD."

Some in the marijuana industry hold "a mythical belief in the goddess of cannabis," Roggen said, but chemists view marijuana more objectively. For its part, the industry is learning to accept

the "new guard of scientists with a different approach to the plant," he said.

Another focus of research is a group of chemicals called terpenes that give the marijuana plant its pungent aroma. Many terpenes get lost or changed in the process of making a THC or CBD extract. But users want a certain smell and taste, said chemist Jeffrey Raber.

Raber heads the Werc Shop, a Los Angeles company that mixes terpenes from lavender, oranges, black pepper and other plants to mimic the flavor and scent of cannabis varieties. The mashups are sold to companies who add them to oils, tinctures and foods.

Monica Vialpando, a San Francisco chemist, is working to prevent drinks with CBD and THC oils from separating into unappealing layers while sitting on the shelf. The oils don't dissolve in water, a problem for companies trying to create new drinks.

"We're fighting against the true nature of the THC," said Vialpando, who came to cannabis from the pharmaceutical industry.

Chemists solve the problem by increasing the surface area of the oil particles and adding ingredients, called surfactants and emulsifiers, to prevent separation.

She said consumers should be skeptical of outrageous claims for edibles and beverages, including that all the THC or CBD in a product will be absorbed. Some potency will always be lost in the digestive system before it hits the bloodstream, she said.

But for now, exactly what happens in the human body with

Calif. mulls medical pot at schools

Associated Press

SACRAMENTO, Calif. — California schools may soon allow parents to administer medical marijuana to their children on K-12 campuses.

The California Assembly approved a bill Monday that lets school boards decide whether parents can administer medical marijuana on school campuses. It would allow the use of marijuana in nonsmoking form.

Current law prevents marijuana on school campuses, meaning children who use medical cannabis to treat seizures have to go off campus to get their medication. Supporters of the bill say that's a dangerous and onerous requirement.

Opponents worry about allowing the drug on campus and question whether medical marijuana regulations for children are strong enough.

If it passes the Senate in a final vote, it will go to Democratic Gov. Gavin Newsom. His predecessor, Jerry Brown, vetoed a similar proposal last year.

most of these products is unclear, Vialpando said, because there's been very little safety testing of cannabis emulsions in animals, much less in humans.

In Ottawa, Ontario, a Canadian government lab is working on a sensor to help police identify stoned drivers. The goal is to detect cannabinoid molecules in saliva or breath droplets, using light and nanoparticles.

Still years away from roadside use, the technology might someday also be used by marijuana growers to determine the peak time to harvest, said chemist Li-Lin Tay, who leads the work for National Research Council of Canada.

To do his work with chocolate, Dawson grinds a THC-infused chocolate bar in a commercial food processor, weighs samples and adds solvent to the material ("It starts looking like chocolate milk," he said), before measuring the THC potency.

He's tested cocoa powder, baking chocolate and white chocolate to try to determine what ingredients are hiding the THC during testing.

That will lead to better testing standards and safer products, he said.

"We need good 'capital S' science," he said.

NATION



CHRIS BRANDIS/AP

Residents board up a storefront pharmacy as they prepare for the arrival of Tropical Storm Dorian in Bridgetown, Barbados, on Monday. Dorian has the potential to turn into a small hurricane that forecasters said could affect the northern Windward Islands and Puerto Rico in upcoming days.

Dorian closer to Puerto Rico with potential to be hurricane

By DANICA COTO
Associated Press

SAN JUAN, Puerto Rico — Tropical Storm Dorian was dumping rain Tuesday on the Windward Islands of the eastern Caribbean, gathering power on a path to brush past Puerto Rico's southwest coast and hit the eastern Dominican Republic on Wednesday at near hurricane strength.

A still-uncertain long-term track showed the storm near Florida over the weekend.

The U.S. National Hurricane Center issued a hurricane watch for Puerto Rico and for the Dominican Republic from Isla Saona to Samana and tropical storm warnings for Martinique and St. Vincent and the Grenadines. The center said the storm

has maximum sustained winds near 50 miles per hour and is forecast to strengthen during the next 48 hours before passing near or south of the U.S. territory.

The storm knocked out power overnight in Barbados, where crews began clearing downed trees and repairing the electrical grid early Tuesday.

Government officials said that by Tuesday morning, public transportation would resume and businesses would reopen.

The storm was expected to dump between 3 and 6 inches of rain in the Windward islands, with isolated amounts of 10 inches.

In St. Lucia, Prime Minister Allen Chastanet said "we are expecting the worst" and announced that everything on the island of nearly 179,000 people would shut down Monday eve-

ning ahead of the storm, but it remained below hurricane strength early Tuesday.

Puerto Rico, some grocery stores had run out of bottled water as people rushed to buy supplies including generators and filled their cars with gas. Many are worried about power outages and heavy rains on an island still struggling to recover from Hurricane Maria, a Category 4 storm that hit in September 2017.

On Monday, Puerto Rican Gov. Wanda Vazquez signed an executive order declaring a state of emergency and provided a list of the equipment that public agencies have bought since Maria.

"I want everyone to feel calm," she said. "Agency directors have prepared for the last two years. The experience of Maria has been a great lesson for everyone."

Man paddles from Calif. to Hawaii

By JENNIFER SINCO KELLEHER
Associated Press

HONOLULU — Antonio de la Rosa doesn't take it easy on his vacations. The Spaniard spent his summer paddling his way from California across the Pacific Ocean to Hawaii.

It took de la Rosa, who is from Valladolid, Spain, 76 days to paddle 2,500 miles while standing on a submarine-shaped craft he described as a paddleboat. The 21-foot-long vessel endured rough weather, including when Hurricane Flossie passed within 60 miles.

He ate dehydrated food, using

heated water, and sometimes fished. He paddled eight to 10 hours daily and slept every night. But he was always tired because he woke up hourly to check on his gear.

It's the kind of adventure he loves. "I like it because it's hard," he said in Spanish on Monday from Honolulu.

His past adventure vacations have included circumnavigating the 2,175 miles of the Iberian Peninsula coastline by paddle-surfing for 141 days and crossing Alaska's Iditarod route for eight days on a bicycle with oversized tires made for snow and ice, ac-

cording to his website.

He celebrated his 50th birthday at sea, his sister, Vanesa de la Rosa, explained from Spain. The siblings run an adventure tourism business in Madrid and a small hotel for athletes.

He said he was disappointed to see fishing gear refuse every day of his voyage — including nets and line.

He used a tracking device to record every minute of his journey and called it a record because he believes no one has ever done what he accomplished. It's a record because "I certify it," he said with a laugh.

Accusers speak at hearing after Epstein's death

By RENAE MERLE
AND MATT ZAPOTOSKY
The Washington Post

NEW YORK — A woman who alleges Jeffrey Epstein sexually abused her when she was 14 years old told a courtroom packed with those like her Tuesday that the financier's death in federal custody had "robbed myself and all of the other victims" of a chance to confront him face-to-face in court.

"For that, he is a coward," Courtney Wild said. "I feel very angry, sad. And justice has never been served in this case."

Wild is likely the first of many who say Epstein abused them to speak at a hearing Tuesday in federal court in Manhattan. A judge is considering prosecutors' request to drop sex trafficking charges against Epstein because, authorities say, he killed himself in federal custody.

Wild, who has spoken publicly in the past, told Judge Richard Berman that Epstein "sexually abused me for years" and "has done nothing but manipulate our justice system."

The hearing will almost certainly end with the sex trafficking charges against Epstein being dropped. But instead of issuing a simple written order, Berman asked prosecutors and defense lawyers to appear in court Tuesday and said that they and those who say Epstein abused them can "be heard, if they wish to be."

He said in court Tuesday that the news of Epstein's death was "certainly shocking," as everyone was expecting proceedings "through which the accusers and the accused would come face to face, allowing everyone to get their day in court."

"It is a rather stunning turn of events," Berman said.

Prosecutors had arrested Epstein, 66, in July and charged him with sex trafficking, subjecting him to a possible trial and 45-year sentence if he were convicted. Berman had ordered that he be jailed pending trial, though Epstein was appealing that decision. Then, on the morning of Aug. 10, staff at the Metropolitan Correctional Center in Manhattan found Epstein hanging in his cell. He was taken to a hospital, where he was later pronounced dead.

Authorities called the incident an "apparent suicide" and launched multiple investigations — including by the FBI and the Justice Department's inspector general — into what had happened. There appear to have been a number of significant lapses at the jail where Epstein was being held, and Reid Weingarten, one

of Epstein's attorneys, asked Berman on Tuesday to conduct an independent inquiry into Epstein's death. Prosecutors said that was not the point of Tuesday's hearing.

Weingarten said Epstein's defense team was "skeptical of the certitude of the medical examiners' conclusion that this was suicide" and was frustrated to receive most information about the case from reporters.

"We ask your honor ... to find out what happened to our client. We're angry about the conditions he was held in," Weingarten said. "We don't know what happened, we deeply want to know what happened to our client."

Weingarten pointed in particular to what he called "the dysfunction of the critical video" inside the jail where Epstein was being held.

At least one camera in the hallway outside the cell where Epstein was found had footage that was unusable, although other clearer footage was captured in

'I feel very angry, sad. And justice has never been served in this case.'

Courtney Wild
Jeffrey Epstein accuser

the area, according to three people briefed on the evidence gathered earlier this month.

Epstein had been put on suicide watch after a July 23 incident in which he was found in his cell with marks on his neck. After he was removed from suicide watch about a week later, he should have had a cellmate. But that person was transferred out the day before Epstein was found, and no one was assigned to replace him — despite the fact that at least eight jail officials knew Epstein was not to be left alone in cell.

Officers also should have been checking on Epstein every 30 minutes but had not done so for several hours before he was found, officials have said.

The two officers assigned to the special housing unit where Epstein was being held were both on overtime — one forced, the other voluntary, Epstein's lawyers said. One did not normally work as a correctional officer, but had in the past and was able to do so, officials have said.

Those who say Epstein victimized them and their representatives said they felt the multimillionaire had once again evaded justice in apparently killing himself.

NATION



Sergio Colin, left, and Jorge Carballo, right, with defense attorney David Frankel, are seen inside the Broward County Jail lobby in Fort Lauderdale, Fla., on Monday. Colin and Carballo are charged in the 2017 heat-related deaths of 12 nursing home patients.

Fla. police: More arrests likely in nursing home deaths after hurricane

Associated Press

HOLLYWOOD, Fla. — Additional arrests are expected in the case against a Florida nursing home where 12 patients died in sweltering heat after Hurricane Irma knocked out the facility's air conditioning in 2017, Hollywood Police said Tuesday.

The announcement came one day after they charged four people — three nurses and an administrator — with aggravated manslaughter, capping a two-year investigation the agency said was one of the most extensive it has ever done.

Police Chief Chris O'Brien said it took three weeks to process the crime scene at the Rehabilitation Center of Hollywood Hills where they collected more than 1,000 pieces of evidence. They said they interviewed more than 500 people in the case over the past two years and seized 55 computers.

The chief said investigators met with family members of the victims Monday "in an emotional meeting" to explain the process and let them ask questions.

"The families sitting here today should not have lost their loved ones this way. They placed their faith and trust in the facility ... and that trust was betrayed," the chief said as several family members stood solemnly behind him.

Nursing home patients at the Rehabilitation Center at Hollywood Hills, ranging in age from 57 to 99, began dying three days

after Hurricane Irma swept through in September 2017.

The center, which housed about 150 patients at the time, did not evacuate any of the residents as the temperature began rising, even though a fully functional hospital was across the street, investigators said. The home's license was suspended days after the storm and it was later closed.

Former Rehabilitation Center of Hollywood Hills administrator Jorge Carballo and nurses Sergio Colin and Althia Meggie were granted release on bail by a Broward County judge Tuesday. Carballo and Colin, both being released on \$90,000 bail, face 12 counts of aggravated manslaughter. Meggie was granted \$17,000 bail on two counts of aggravated manslaughter and two counts of evidence tampering.

A fourth defendant, who is also a nurse, is being held in Miami-Dade County pending transfer.

David Frankel, attorney for Colin, said prosecutors are overreaching with the charges and that staff at the nursing home did everything they could to keep the residents safe, bringing in small air conditioners and fans. Frankel said they also repeatedly reached out for help to everyone from Florida Power & Light to then-Gov. Rick Scott.

"Nobody care," Frankel said. "For three days, these people did everything possible they could to keep everyone stable. And they were stable."

Feds seek death penalty in Pa. synagogue killings

By MARK SCOLFORO
Associated Press

A man charged with killing 11 people in a Pittsburgh synagogue should face the death penalty if convicted, federal prosecutors said in a court filing Monday.

The U.S. attorney's office in Pittsburgh filed a notice of intent to seek the death penalty against Robert Bowers, 46, in last year's attack.

The government filing said justification for a death sentence included allegations of substantial planning and premeditation, the vulnerability and number of victims and a motivation of religious hostility.

It also listed the injury, harm and loss caused to the victims and the choice of the Tree of Life synagogue as the site of the attack.

The notice accused Bowers of

targeting the worshippers "in order to maximize the devastation, amplify the harm of his crimes, and instill fear within the local, national and international Jewish communities."

Bowers has pleaded not guilty and awaits trial. His lawyers did not return messages seeking comment. A spokeswoman for U.S. Attorney Scott Brady declined to discuss the filing.

Prosecutors wrote that the death penalty will be justified if Bowers is convicted of obstruction of free exercise of religious beliefs resulting in death or of using a gun to commit a crime of violence.

Bowers is accused of using an AR-15 rifle and other weapons to target worshippers in the Tree of Life synagogue during Saturday morning services in October.

Seven people were also wounded, including five police officers.

Police have said he expressed hatred of Jews during and after what was the deadliest attack on Jews in U.S. history.

Shortly after the shootings, before Bowers was publicly identified as the suspect, President Donald Trump said the perpetrator should "suffer the ultimate price."

"I think they should very much bring the death penalty into vogue," Trump told reporters in October. "Anybody that does a thing like this to innocent people that are in temple or in church. We had so many incidents with churches. They should really suffer the ultimate price."

Two weeks ago, prosecutors and defense attorneys agreed to a 120-day extension in the case.

Family of man killed at Costco wants off-duty officer prosecuted

Associated Press

CORONA, Calif. — The parents of a mentally ill man who was fatally shot by an off-duty police officer in a Costco store in California called for him to be criminally charged as they recover from their own gunshot wounds.

Salvador Sanchez, a Los Angeles police officer, has said he opened fire because Kenneth French attacked him while Sanchez was holding his 1½-year-old son during a shopping trip to the warehouse store.

Russell and Paola French appeared in public Monday for the first time since the shooting that led to the death of their 32-year-old son on June 14 in Corona.

Family attorney Dale Galipo acknowledged at the news conference that Kenneth French likely pushed the officer, but said it wasn't an attack and French immediately moved away.

Paola French told reporters she

and her husband shouted at Sanchez not to shoot and that their son was not a threat.

"I was pleading for my son and our lives, but I was still shot in the back," she said, fighting back tears. "What threat did I pose to him?"

Russell French, who lost a kidney after the shooting and remained in a hospital until last week, said he "begged" the officer not to fire.

"I told him we had no guns and my son was sick," French said. The family on Monday filed a claim — a precursor to a lawsuit — against Sanchez and the Los Angeles Police Department.

"My client was assaulted. He was acting in self-defense," said Ira Salzman, a lawyer for Sanchez. "It's a horrible tragedy for both families."

Galipo said he didn't know if there was any exchange before the shooting. He urged authori-

ties to release surveillance footage and cellphone video from the scene.

However, a Riverside County judge has issued an order that keeps the video out of the public eye for one year because of the investigation. Prosecutors were still deciding whether to file criminal charges.

Galipo said he believes Sanchez should face murder or manslaughter charges.

Corona police have said French attacked the officer without provocation.

Galipo called it an "open-handed push or slap" to the policeman's back.

"It certainly does not justify killing someone," Galipo said.

Kenneth French lived with his parents. Family members believe he suffered from schizophrenia, Galipo said.

NJ man found with mummified remains in home called 'dangerous to society'

Associated Press

NEWARK, N.J. — Prosecutors called a New Jersey man "dangerous to society" after pieces of a human body were found in his closet, including a head, part of an arm and a torso dressed in a necktie and suit jacket.

Robert Williams, of Newark, pleaded not guilty Monday to desecrating human remains and separate charges of child sexual abuse.

Police initially went to Williams' home to investigate allegations he abused a 12- to 13-year-old boy over several months, but when they searched the apartment they found an altar and mummified human remains that had apparently been used in religious ceremonies, according to prosecutors.

The county's medical examiner has yet to identify the remains, but Assistant Essex County Prosecutor Michael Morris said Mon-



Williams

day that they aren't related to the sex abuse charges.

The remains, found in a plastic bin, "raise the specter of a person out of step with society and dangerous to society," Mor-

ris told the judge in arguing for detention.

At the conclusion of the brief proceeding, state Superior Court Judge Ronald Wigler ordered Williams held pending trial.

Williams' lawyer, public defender Susan Friedman, had argued that he could be released on home confinement and electronic monitoring. She said he had lived in the area for 18 years and has one disorderly person offense on his record that dates back more

than 10 years.

New Jersey largely eliminated cash bail in 2017 and gave defendants the right to offer evidence showing why they should be released before trial.

The judge noted that Williams' alleged crimes carry a presumption of detention and that Williams would be sentenced to a minimum of 25 years if he is convicted of the most serious charge, aggravated sexual assault of a child under 13.

WORLD

Iranian president backpedals on U.S. talks

By NASSER KARIMI
Associated Press

TEHRAN, Iran — Iran's president backpedaled Tuesday on possible talks with Donald Trump, saying the U.S. president must first lift sanctions imposed on Tehran; otherwise, a meeting between the two would be a mere photo op.

Hassan Rouhani's change of heart came after Trump said Monday that there's a "really good chance" the two could meet on their nuclear impasse after a surprise intervention by French President Emmanuel Macron during the G-7 summit to try to bring Washington and Tehran together after decades of conflict.

"Without the U.S.' withdrawal from sanctions, we will not witness any positive

development," Rouhani said in a televised speech on Tuesday, adding that Washington "holds the key" as to what happens next.

"If someone intends to make it as just a photo op with Rouhani, that is not possible," he said.

Earlier Monday, Rouhani expressed readiness to negotiate a way out of the crisis following America's pullout from the nuclear deal.

"If I knew that going to a meeting and visiting a person would help my country's development and resolve the problems of the people, I would not miss it," he had said.

"Even if the odds of success are not 90% but are 20% or 10%, we must move ahead with it. We should not miss opportunities."

Rouhani also shielded his foreign minister, Mohammad Javad Zarif, against criticism from hard-liners over his surprise visit Sunday to France's Biarritz, where leaders of the Group of 7 rich democracies were meeting.

Iran's English-language Press TV issued a vague, anonymous statement later Monday, rejecting Macron's initiative.

Macron said he hoped Trump and Rouhani could meet within weeks in hopes of saving the 2015 nuclear deal that Tehran struck with world powers but which the U.S. unilaterally withdrew from last year. Under the deal, Iran agreed to limit its enrichment of uranium in exchange for the lifting of economic sanctions.

On Tuesday, Macron acknowledged his efforts to bring Iran and the U.S. together

are "fragile" but said he still sees a "possible path" to rapprochement between the two.

Inviting Zarif to the G-7 summit as a surprise guest was a risky diplomatic maneuver but it helped create "the possible conditions of a useful meeting," Macron said.

It's France's responsibility to play the "role of a balancing power," Macron said, adding that his efforts allowed hope for a deescalation of tensions.

Since the U.S. pullout from the nuclear deal, Iran has lost billions of dollars in business deals allowed by the accord as the U.S. reimposed and escalated sanctions largely blocking Tehran from selling crude oil abroad, a crucial source of hard currency for the Islamic Republic.

Mexico's Playa Bagdad mixes sun, sand and drug trafficking

By MARIA VERZA
Associated Press

PLAYA BAGDAD, Mexico — At the very eastern end of the U.S.-Mexico border there's a long strip of sand where the Rio Grande meets the sea. It is called Playa Bagdad — or "Bagdad Beach."

Unlike the Tijuana-Imperial Beach border on the western end, here there are no steel pilings marching out to sea to stop migrants from swimming, wading or paddling across to the United States.

In Playa Bagdad, which is spelled "Playa Bagdad" by the Drug Enforcement Agency, it's apparently unnecessary. This is a beach for drugs and crime, not migrants.

As attention focuses on the migrant crisis along the border that has drawn harsh rhetoric and actions from President Donald Trump, Playa Bagdad seems to have escaped notice.

Here, there are no walls or border guards, just miles of dunes and Gulf Coast beaches marked only by simple wooden huts or awnings held up by sticks.

The only highway ends abruptly in a handful of structures populated by beachgoers looking for alcohol and fishermen who might catch sharks one day and unload cocaine the next.

On the U.S. side, there is not much more besides a single Customs and Border Protection checkpoint, a gun store complete with a shooting range, and a SpaceX hangar where some rockets that might reach Mars are being tested. The nearest city of Brownsville, Texas, is 25 miles away.

Where the two countries meet lies an expanse of water perhaps 25 yards wide, so shallow that you could walk across at low tide, but few people do.

The reason it's kept under wraps is simple. Cartels tend to use these coastal plains for purposes like transporting drugs — or as the DEA notes, dumping bodies clandestinely. And they put a premium at keeping migrants away.

"They want to keep the heat off this spot," said Marco Antonio Alvarez, a rail-thin old man with a greying beard and leatherlike skin toughened by the sun.

Alvarez, who spent time in U.S. jails for migrant smuggling, says he still gets paid \$300 per month — he won't say by whom — to watch the expanse of water and two boats.

"If people start crossing the river, you start seeing [CBP] patrol vehicles show up on the other side," said Alvarez.

Playa Bagdad appeared on maps in 1848, when the border was drawn during the Mexico-American War. Later, it became



ENRILO ESPEJAL/AP

A vendor pushes his cart equipped with inflatable water toys and fruit cups along the shoreline of Playa Bagdad near the border city of Matamoros, Mexico, on Aug. 3. The area is used by drug cartels to transport drugs and dump bodies.

the seaport for cotton produced in Texas during the Civil War.

The origin of the settlement's name is lost to the annals of history.

Mike Vigil, a former DEA operation chief, remembered one story which maintains that the U.S. Army might have stationed some camels at Playa Bagdad during its experiments with those animals in the 19th century.

But contraband has always been here in one form or another. Centuries back, silver was trafficked through. During Prohibition, alcohol could be procured. In the 1980s and 1990s, it was marijuana and Colombian cocaine that made its way across.

DEA Special Agent Sammy Parks said Playa Bagdad is now a center for loading and unloading drugs bound for the U.S. market.

"It is a short, easy route without much law enforcement," added Vigil.

Of the 1,215 members of the National Guard that Mexico has deployed to Tamaulipas, none is seen in Playa Bagdad. They are mainly in the conflictive border cities farther west along the Rio Grande Valley.

Three decades ago, people like Alvarez combined fishing with small-scale migrant smuggling, guiding people across to Brownsville for \$20 per head. That all ended in the 1980s and 1990s.

"When they started to sell crack, you couldn't do business anymore because everything was controlled by the mafia," Alvarez said.

The city of Matamoros, whose territory covers Playa Bagdad, touts the beach as a great tourist destination.

But Alvarez said drug cartels completely control it.

"You have to pay them a quota and get their permission," he notes.

For years, the violent state of Tamaulipas, where Playa Bagdad is located, has been ruled by silence and fear, and the state government is suspected of having been infiltrated by drug gangs, with two former governors currently on trial on corruption charges.

One of the key drug cartels operating in the area is the now-splintered Gulf Cartel.

In 2000, the Gulf Cartel's armed enforcement wing, The Zetas, and began an all-out offensive. The Zetas later split themselves again but still control the westernmost part of the state while the Gulf Cartel has also splintered and controls the east.

The federal government did not respond to requests for comment, although the current state government headed by an opposition-party governor says it is actively collaborating with U.S. and Mexican fed-

eral authorities to combat cartels, often by sharing information.

These days though, the only law enforcement The Associated Press saw were four state police officers who rode through quickly on two ATVs and just as quickly left.

According to the DEA, small fishing boats load drugs in Playa Bagdad and run it up the coast to Padre Island in Texas. Other boats are known to drop off goods which are then loaded onto vehicles and taken into the U.S. by highway.

Some of the border crossings themselves are under de facto cartel control on the Mexican side.

One man who was fishing with friends at the mouth of the Rio Grande recalled seeing a would-be border crosser who cartel gunmen brought back from the river between the two countries at gunpoint.

"They pointed guns at him and brought him back," he said. "If you want to cross, it is with them."

He was one of the few who were willing to talk, and even then, the conversation died down every time a boat passed. "You never know who is listening," said the man, declining to give his name.

There are more than 6,000 disappeared persons in Tamaulipas alone.

"Mass graves have been discovered in the Playa Bagdad area, and there's a local threat about being 'taken to the beach,' which implies someone will disappear," said Parks, the DEA agent.

The only official presence is a sandbag guard post on the highway between Playa Bagdad and Matamoros, although locals protested at the post this month, saying it was used only to demand bribes.

For Alvarez, "the Guard" doesn't mean President Andres Manuel Lopez Obrador's National Guard either. Instead it means "former soldiers, marines and police who report to the gangs."

Farther down the coast in the hamlet of Playa Bagdad, there is a lively scene. Small seafood restaurants stand on stilts and the sound of mariachi music mixes with the shouts of vendors selling oysters. A marine guard post offered some semblance of protection to tourists.

Then, a big man with close-cropped hair descended from a truck selling roast chickens to ask what journalists were doing in the area.

"As tourists you can film whatever you want," the man said, emphasizing the word tourists and suggesting anybody else should get on with it.

"Here there is freedom of expression."

WORLD

Brazilian firefighters toil in smoky Amazon

BY LUIS ANDRES HENAO
AND CHRISTOPHER TORCHIA
Associated Press

JACUNDA NATIONAL FOREST, Brazil — Equipped with hoses connected to rubber backpacks, Brazilian firefighters in the Amazon on Monday raced in a truck along dirt roads toward plumes of smoke after a spotter in a military helicopter directed them to a fast-spreading fire.

A landowner opened the gate of a barbed wire fence and the firefighters set to work, dousing a conflagration they believed was intentionally set to prepare land for crops or pasture. When their water supply ran out, they made a fire break, clearing brush with machetes and chainsaws to starve the blaze of its fuel.

The smoke-shrouded scene near the lush Jacunda national forest in the Amazonian state of Rondonia, witnessed by an Associated Press team, showed the enormity of the challenge ahead: putting out a multitude of blazes and safeguarding — in the long term — a vast region described by world leaders as critical to the health of the planet.

The country's National Space Research Institute, which monitors deforestation, has recorded that the number of fires has risen by 85% to more than 77,000 in the last year, a record since the institute began keeping track in 2013. About half of the fires have been in the Amazon region, with many in just the past month.

At a summit in France, the Group of Seven nations pledged \$20 million on Monday to help fight the flames in the Amazon and protect the rainforest, in addition to a separate \$12 million from Britain and \$11 million from Canada.

The international pledges came despite tensions between



ERALDO PERES/AP

Firefighters work to put out fires along the road to Jacunda National Forest near the city of Porto Velho in the Vila Nova Samuel region which is part of Brazil's Amazon on Monday.

European countries and Brazilian President Jair Bolsonaro, who has accused rich countries of treating the region like a "colony" and suggested the West is angling to exploit Brazil's natural resources.

But the funds, which are widely seen as critical support, are still a relatively meager amount for dealing with an environmental crisis that threatens what French President Emmanuel Macron has called "the lungs of the planet."

The AP team drove for hours at a stretch outside the Rondonia capital of Porto Velho without seeing any major fires, suggesting that many had been extinguished or burned themselves out

since rapidly spreading in recent weeks. Many fires were set in already deforested areas to clear land for farming and livestock.

Still, smoke billowed from charred fields and scrub, shrouding the sky. The airport in Porto Velho closed for more than one hour Monday morning because of poor visibility caused by the haze.

Under international pressure to act, Bolsonaro said he might visit the Amazon region this week to check on firefighting efforts and would make 44,000 troops available to fight the blazes. However, the military presence in the area seemed scarce Monday, with only a few soldiers seen patrolling

roads and lending a hand.

At dawn, the blazing sun was hidden under thick smoke that blanketed the horizon like fog. Trucks carrying fresh timber sped through a road that cut through lands where heaps of ash were piled around charred logs.

Some local residents seemed torn between knowing that the fires were devastating the environment around them and needing to extract the Amazon's rich natural resources to make a living.

"We have to preserve the land. The government has to help small farmers more, prioritize and take care of the large reserves, where people do most of the illegal

things," said William Sabara Dos Santos, a farm manager.

Behind him, a Brazilian flag on a pole fluttered in the wind next to a statue of a bull that he said was a replica of the iconic "Charging Bull" sculpture on New York's Wall Street.

In a nearby village, Darcy Rodrigo De Souza walked barefoot into a shop where people drank coffee and ate Pao de Queijo, traditional Brazilian cheese bread, on a street named "New Progress."

"We have many problems with the fires. But we also depend on the wood for our economy. If it wasn't for that, there would be nothing," said De Souza.

"It's true that the Amazon has to be protected, but this president is going to protect it. The Americans want us to protect Brazil. But why don't they protect their stuff?"

About 60% of the Amazon region is in Brazil although the vast forest also spans parts of Bolivia, Colombia, Venezuela, Ecuador, French Guiana, Guyana, Peru and Suriname. The Amazon's rainforests are a major absorber of carbon dioxide from the atmosphere and described by environmentalists as a critical defense against climate change.

On Monday, army Maj. Fabio da Paixao Pinheiro said officials have determined that the fires around Porto Velho have decreased as the result of rains over the last couple of days.

But near the Jacunda national forest, thunder boomed as firefighters worked to suffocate flames that continued to burn into the evening.

One fireman prayed for rain as he put on a protective mask. Around him, the heavy smell of burning wood permeated the air, making it hard to breathe.

Hong Kong leader starts dialogue but she is not budging on demands

Associated Press

HONG KONG — Hong Kong leader Carrie Lam said Tuesday that she had met with a group of young people about the pro-democracy protests gripping the city, but she showed no sign of budging in a continuing stalemate over the movement's demands.

Lam said she explained the government's position at the Monday meeting, which was closed-door and unannounced. She disputed accusations that her government is ignoring the protesters, whose demands include the withdrawal of an extradition bill, an independent inquiry into what they believe is excessive use of force by police at the demonstrations, and democratic elections.

"It is not a question of not responding," she told reporters before a weekly meeting with her



Lam

executive council. "It is a question of not accepting those demands," Hong Kong, a Chinese territory, has seen more than two months

of youth-led protests that have often ended in clashes with police. More than 80 people were arrested last week-end after protesters occupied city streets.

Lam announced last week that she is creating a platform for dialogue and said Tuesday that it would include protesters. Opposition lawmakers have questioned the sincerity of her initiative, calling it a delay tactic.

It wasn't clear who attended the Monday meeting with Lam and the education and home affairs ministers.

The South China Morning Post newspaper, citing an unidentified source, said about 20 people took part and that they were mostly in their 20s and 30s.

Lam said her government had accepted the movement's main demand by suspending the extradition bill, which would have allowed suspects to be sent to mainland China to face trial. She has declared the legislation dead, but protesters are demanding its formal withdrawal.

The proposal fueled concern that China is chipping away at the separate legal system and rights that semiautonomous Hong Kong has under a "one country, two systems" framework.

Sri Lankan Islamic clerics seek clarity on face veil ban

Associated Press

COLOMBO, Sri Lanka — Islamic clerics in Sri Lanka asked Muslim women on Tuesday to continue to avoid wearing face veils until the government clarifies whether they are once again allowed now that emergency rule has ended four months after a string of suicide bomb attacks.

Clerics are wary of the Muslim community being targeted again for violence, as it was in the aftermath of April's Easter Sunday attacks that killed more than 260 people, said Fazil Farook, spokesman for All Ceylon Jammiyyathul Ulama, Sri Lanka's largest group of Islamic clerics.

Two local radical Muslim groups have been blamed for the attacks.

Farook urged Muslim women not to rush into wearing their veils again.

"They have managed in the past and we are asking them to do it the same way," Farook said, adding that some women have refused to be seen in public without covering their faces because they had been accustomed to it.

After the Easter attacks on three churches and three tourist hotels, Sri Lanka's government brought the country under emergency rule, giving sweeping search, arrest and detention powers to the military and police. President Maithripala Sirisena also used the emergency law to issue a decree that bans covering faces in all manners, including face veils.

Emergency rule had been extended each month until last week, when Sirisena allowed the law to lapse. He issued a separate order allowing the military to maintain peace.

WIRED WORLD

Gadgets for a good night

Take sleep to the next level with smart beds and nudging pillows for snoring

By GEOFFREY A. FOWLER
The Washington Post

I've tried a mattress with water cooling and another that sways like a boat. I've worn brainwave-measuring helmets and rested on pillows that nudge you when you snore. In the hunt for better sleep, I've even snuggled up with a robot.

For the gadget industry, sleep is the new exercise — solvable with data. What Fitbits and Apple Watches did for getting moving, consumer tech now wants to do for getting Zs. A third of us suffer from sleep problems, a symptom of unhealthy diets, stress and too much time staring at screens.

So does any of it work? This year at CES, the tech industry conflagration, I met makers of more than a dozen sleep gadgets that promise to make you feel, perform and look better. At home, I've been testing the Tesla of snooze, a \$5,000 Sleep Number 360 P6 smart mattress and frame. It monitors sleep and makes micro-adjustments to the mattress all night — an automated Princess and the Pea.

Fitbits alone didn't make Americans skinny, and these gadgets alone won't make us well-rested. But when I asked four sleep doctors about the rise of sleep tech, their view was cautious optimism.

"I am fairly excited these are creating a more educated populace and patients that are more engaged," said Dr. Rohit Budhiraja, sleep clinic director at Harvard's Brigham and Women's Hospital. Fitness watches have for years claimed sleep-tracking functions, but the tech is improving beyond what you can measure on a wrist.

Few consumer sleep gadgets have been cleared by the Food and Drug Administration or are backed by rigorous validation. But some are built on insights from real sleep science.

"A lot of devices that are coming out may provide some benefit," said Dr. Rachel Salas, a professor of Neurology at Johns Hopkins. Some try to fix the bedroom by making it a more comfortable place. Others try to fix the sleeper through data that teaches better habits.

Much of it is promising to some degree — the question is what's worth it.

Dr. Seema Khosla, who runs the tech committee of the American Academy of Sleep Medicine, tries sleep gadgets herself and understands the appeal of data. But she doesn't like how some use proprietary algorithms doctors can't access or understand.

Just knowing you spent \$5,000 on a bed also might keep some up.

The doctors I spoke with recommend not buying anything you've taken their free advice: Go to bed and wake up at the same time every day. We sleep better in cooler rooms and ones with as little light as possible. And the biggest sleep distraction may be your smartphone, so leave it just in earshot outside the bedroom.



PHOTOS BY JAHAN ELKIN/The Washington Post

Columnist Geoffrey A. Fowler tries snuggling with Somnox on the floor of the CES trade show.

Where might sleep tech help you? Here are four areas where the tech is making strides — and some advice from the doctors on where to be cautious.

Measuring sleep

Plenty of people think they get eight hours — until they start measuring. Recording sleep lets you experiment to figure out what helps.

Sleep Number embeds sensors throughout its mattresses, which start at \$1,000. They measure each side of the bed for movement — a proxy for restless and restless sleep — as well as heart rate and respiration. The best part: Without futzing with apps, it activates every time it feels someone in the bed and saves data to the cloud.

The smart bed has been a moderate improvement over my dumb bed, though its makers say it takes weeks to really kick in. It has helped me be mindful about getting to bed on time and how exercise and eating affect my sleep.

But it left me a bit restless at first, perhaps because I laid in bed ruminating about turning my sleep into data. (There's already a term — orthosomnia — for becoming so obsessed with quantifying sleep that you actually lose sleep.)

For \$150, there's an FDA-listed wireless tracker called Bedr SleepTuner that measures even more. Pop the postage-stamped sensor on your forehead (via a medical-grade sticker), and in addition to recording your head's movement, it reads the oxygen in your blood and tries to identify when you stop breathing. That can help you understand why you might be waking up unrested — also an indicator you should see a doctor about sleep apnea.

And there's a free app called SleepScore that tracks sleep stages using sonar. Place a phone running it by your bed, and it listens for waves bouncing off your body to identify when you're in light, deep and REM sleep. One big downside: You have to leave your phone close to your bed.



Fowler tries out the Bedr SleepTuner, which sticks to the forehead to measure sleep.

The doctors I spoke with have concerns about the accuracy of these measures — particularly for sleep quality — and warn none can either identify or clear you of a disorder. Think of the scores as a way to track your sleep over time, not a way to figure out if you're normal.

The other challenge is turning all that data into action.

SleepScore, owned by medical device maker ResMed, charges \$6 per month to see your trends and get recommendations. For such a pricey bed, Sleep Number makes you do most of the deciphering.

CEO Shelly Ibach said her app will add better recommendations later this year, and the long-term goal is to connect bed data with other sources, such as exercise from an Apple Watch, to generate highly personalized advice.

Stopping snoring

The inventor of a foolproof way to stop snoring will become a billionaire. Until then, there are a few intriguing gadgets — if you can stand bringing them to bed with you.

Bose makes \$250 noise-masking headphones called Sleepbuds to help the long-suffering bed partners of people who snore.

For the snoring perpetrator, there are several aggressive connected pillows. The \$300 Smart Nora and the 10Minds Smart Motion Pillow use microphones

to listen for snoring and activate pumps or motors to shift your head to positions where you're less likely to snore — all without waking you up. When I tried the 10Minds version at CES, it felt like someone (you know who you are) was assertively but lovingly shoving my head to the side.

Another device, the \$125 Hupnos, is an eye and nose mask that listens for snoring. It first tries to get you to turn your head by subtly vibrating. But if you keep snoring, it'll send air pressure through your nose to ensure your airway remains open. Ah, the things we do for love.

The red flag: Snoring can be associated with sleep apnea, a serious condition where you aren't getting enough oxygen. Using one of these devices may cover up the real problem, so it's worth seeing a doctor.

Making you comfy

The biggest target for sleep tech is the bedroom environment: temperature, light, sound and the mattress where you spend a remarkable amount of time. Think of these gadgets like upgrading to business class — you're paying to be more comfortable, which might just leave you feeling better on the other side.

A few stand out for their creativity. Aromarest, a \$120 diffuser, lamp and white noise machine, lulls you with lavender and wakes you with citrus.

Building on evidence we fall asleep better in cooler places, the \$600 Ooler is a water-chilled mattress topper and Moona is a \$300 pillow that does the same for just the head.

And then there's the \$3,450 Rocking Bed. It sways you to sleep, inspired by how a hammock synchronizes brain waves during a nap. It was comfy, but after 10 minutes it felt like the room was moving without me.

My experience testing the Sleep Number, which lets you adjust firmness on each side of the bed through air chambers, taught me that it can take a while to figure out what kind of mattress is right for you. My first sleep left me with a backache, but that went away as I adjusted the hardness setting.

It's harder to determine whether Sleep Number's "responsive air" system — with additional adjustments to mattress pressure throughout the night — makes much difference. The company says its data shows Sleep Number owners are less restless with the function turned on than off.

The problem with much of this stuff is you won't know what works until you sleep with it.

"Make sure you know the refund policy before you buy," said Harvard's Khosla. Even some mattresses can be returned, but remember to hold on to your old one.

Adjusting your mind

The most-overlooked element of good sleep is a calm mind, especially in a world of smartphones and Netflix binges. Meditation apps such as Headspace can help you disconnect from the day, but doctors warn that using your phone before bed might be counterproductive since you're staring into light that tells the brain to be alert.

If that's for isn't for you, perhaps a robot can help. A \$550 device called Somnox chills you out by simulating the breathing of a bed companion. Sensors detect your breath and try to regulate it subconsciously when you hug the cloth-covered robot and feel the rising and falling of its "breathing" and hear its soothing sounds. It's a high-tech teddy.

There's also a growing niche of brainwave-reading devices, such as the \$500 Dremm. This lightweight cap tracks your brain activity, heart, respiration and movement. You can use the data as feedback for breathing and relaxation exercises. Dremm also tools the ability to emit "sound stimulations" while you're in deep sleep, improving its quality.

Not surprisingly, the doctors I spoke were most skeptical about the Dremm, but they hadn't reviewed them personally.

"Don't believe any device that says it will give you the restorative effect of eight hours of sleep in four," said Dr. Rafael Pelayo, of the Stanford Sleep Medicine Center. Tech might help you get more out of sleep, but you can't get away with not sleeping.

AMERICAN ROUNDUP

Police: Man stole 22 boxes of ice cream bars

NM LAS VEGAS — A northern New Mexico man is facing charges after he was accused of committing a cold crime on a hot day: an ice cream heist.

The Las Vegas Optic in New Mexico reported authorities said Paul Trujillo, 31, was arrested last week after he was one of two men who allegedly entered a walk-in freezer at a Dairy Queen store and stole 22 boxes of Dilly Bars.

Police said the July 29 footage shows Trujillo walking up to the freezer following a stakeout. The second man has not been identified.

Police report: Man forced to walk naked

SC MYRTLE BEACH — A South Carolina police report states a man found walking down a road naked was forced to do it by a gun-toting drug dealer to whom he owed money.

WBTW reported Myrtle Beach police encountered a man walking naked down a beachside road Saturday night. The man reportedly said he was forced to do it by a drug dealer he owed about \$350.

The police report stated the man said the suspected dealer had a gun and told him he had to walk the road without clothes, and followed behind him in a car. The man told police the suspected dealer didn't threaten him but did say he wanted to embarrass him.

Men rob Taco Bell with a machete, crowbar

CT CROMWELL — Authorities are looking for two men they say robbed a Taco Bell armed with a machete and a crowbar by entering the building through an unsecured door.

Police said the suspects entered the Cromwell restaurant around 2:30 a.m. Monday. Police said they had employees empty a safe, as well as their pockets, of any valuables.

The men then took the staff outside and had them wait there while they fled in a tan Honda.

Cromwell police responded and tried to stop the vehicle, which fled at a high rate of speed.

Security guard shoots man holding didgeridoo

OK TULSA — Authorities in Tulsa said a security guard at a gas station shot and wounded a man who was swinging an Australian musical instrument at him.

Tulsa police said the shooting happened late Saturday at a Quik-Trip convenience store in Tulsa. They said the security guard said he opened fire after the man "swung a large wooden club at him" that was later determined to be a didgeridoo. Police said that, according to witnesses, the man may have also had a knife.

Police said the man was shot once in the groin area but is expected to recover.

The security guard told inves-



ROBERT F. BUKATY/AP

Another lobster season in the books

Adam Daggett stands lookout on the bow as his father, John Daggett, pilots their boat back to port on Saturday at Cape Porpoise in Kennebunkport, Maine. Adam Daggett is wrapping up his lobstering season and returning to school this week.

tigators the shooting was in self-defense. Police said surveillance video appears to back up that claim.

Police stop 'Margarita Madness 5K' for booze

MI GRAND RAPIDS — Police arrested two people Saturday and shut down a race billed as the "Margarita Madness 5K."

Grand Rapids Police Sgt. Dan Adams told WOOD-TV that officers called a halt to the event after learning alcohol was being illegally served. Adams said state regulators denied event organizers' request for a liquor license.

Margarita Madness 5K is advertised as a race in which participants receive a margarita at the finish line.

Police said one person associated with the organization was arrested on the liquor violation. Another was arrested for trying to interfere with the first arrest. Neither was identified.

Police allowed runners to finish the race but prohibited the post-run party.

Coach wins mechanical bull world championship

WA SPANGLE — Laura Moore, of Washington State University, has won what

THE CENSUS

6 The number of children authorities in Columbia, Ky., say a woman abandoned at a Walmart. A Columbia Police Facebook post said Amanda Jardine, 34, took the children, two of whom are hers, to a Walmart on Friday and told them to find a worker while she attempted to retrieve a MoneyGram transfer. The post said she left the store without the children, and when they tried to follow her she told them to go back inside. Police said Jardine then fled with James Holovich and his 5-year-old daughter.

was billed as a mechanical bull world championship in Spangle over the weekend.

Moore, who coaches the Washington State University equestrian team, rode the mechanical bull for 57 seconds Saturday to win a \$4,000 prize and a belt buckle.

She lives in Moscow, Idaho, and grew up around horses at her parents' farm outside Seattle.

Right on track, couple marries on fast train

FL FORT LAUDERDALE — They may have been traveling a speedy 79 mph, but a Florida couple remained steady as they said their vows while on-board a high-speed passenger train.

Paul Ward and Jules Bandiera became the first couple to get married on the Brightline train. They tied the knot Saturday between the Fort Lauderdale and West Palm Beach stations.

The gay couple held a quick

photo session and celebration at the West Palm station before hopping the train home.

Ward told the Sun Sentinel he was standing outside work one day pondering a yacht wedding when the train passed by and he "was stopped in my tracks."

The long distance couple split their time between Florida and Brazil before Bandiera moved to Fort Lauderdale.

Professor walks for vet suicide awareness

NY POUGHKEEPSIE — A Marist College professor finished a cross-country walk to raise awareness about suicide and homelessness among veterans.

Tommy Zurhellen is an associate professor of English and is a Navy veteran. He finished his roughly 2,800-mile trek Friday afternoon on the college's campus in Poughkeepsie.

Zurhellen started his trip in

April in Portland, Ore. He walked 22 miles per day.

The project raised almost \$42,000 to support Hudson River Housing's Liberty Station program for veterans as well as the Vet 2 Vet Peer Mentoring program.

Police: Woman robbed stores in a fake beard

NM ALBUQUERQUE — A New Mexico woman is facing charges after authorities said she robbed stores while wearing a fake beard.

Court documents show that Tamala Cole was arrested Thursday following heists at the Nothing Bundt Cake store and a Boba Tea cafe in Albuquerque.

In each case, police say Cole, 51, demanded money while holding a gun and wearing a "black beanie style hat" and a fake brown beard.

Investigators said Cole also is suspected of robbing a Subway and the religious goods store FaithWorks.

Police said Cole was tracked down through caller ID after she called the tea shop moments before the robbery and asked for her mother.

She is facing seven counts of robbery.

From wire reports

FACES

Diversity rules at VMAs

MTV music awards show returns to relevance with performances by Swift, Elliott, Latin pop, Lil Nas X

By GERRICK D. KENNEDY
Los Angeles Times

Taylor Swift, Lil Nas X, Billie Eilish and Missy Elliott were the big winners at the 2019 MTV Video Music Awards, which aired from the Prudential Center in Newark, N.J., on Monday night.

Swift's "You Need to Calm Down" was named Video of the Year. Song of the Year went to Lil Nas X's record-breaking remix of his breakout hit "Old Town Road." Eilish and Ariana Grande, both of whom were absent from Monday's show due to tour commitments, won Best New Artist and Artist of the Year, respectively.

However, the biggest victor might have been MTV, which managed to pull off a telecast that not only offered frothy spectacle but showed the network still had something to say, by booking a show that celebrated the diverse talents currently changing the look of pop music.

For much of the past 30 years, the VMAs were must-see TV, both a celebration of the music video as

commercial art form and a brash, youthful celebrity gawfest. This was where Kanye West became a lifetime meme for crashing the stage and where Britney Spears reigned supreme (and fell apart). The VMA stage is where Beyoncé tested her ambitions as a performer and where Lady Gaga became a superstar. For years, audiences watched with bated breath to see what their favorite pop star would do next.

Over the past decade, though, the network's fortunes have fallen, and like many award shows, the VMAs hemorrhaged viewers in an era of peak TV and streaming.

But despite a cringe-worthy hosting performance by popular comedian Sebastian Maniscalco, the 2019 VMAs felt more assured and purposeful than any in recent memory.

Swift opened with the queer-empowerment anthem "You Need to Calm Down," transforming the stage into a literal meme, equipped with bubble letters that

popped from a video wall. While collecting the trophy for Video for Good (given to clips that promote a message), Swift ceded the stage to the queer artists she featured in the vibrant visual for "You Need to Calm Down."

Rosalía, J Balvin and Lizzo had adventurous, scene-stealing performances (the last of which was flanked by an voluptuous, inflatable rump).

Normani performed a nearly frame-for-frame re-creation of her viral, star-making "Motivation" music video. Shawn Mendes and Camila Cabello milked their relationship with a G-rated take of their steamy duet, "Senorita." And Lil Nas X kept his massive year going with a heavily choreographed performance of "Panini" that showed that the rapper could also lip-synch and dance.

After being joined by Ciara, Timbaland and Justin Timberlake via video, Elliott was awarded the Video Vanguard Award for his innovative and eccentric visuals that disrupted hip-hop when she



MATT SAYLES, INVISION/AP

Todrick Hall, left, and Taylor Swift accept the award for Video for Good for "You Need to Calm Down" Monday night at the MTV Video Music Awards at the Prudential Center in Newark, N.J.

emerged more than 20 years ago. Elliott's "Circles" — which followed years of online petitioning from fans asking the network to consider the eye-popping and vibrant work that defines the Virginia-born rapper-singer-producer's artistry.

During her seven-minute performance, Elliott — who dropped her first collection of music in 14 years last week — offered a reminder of her genius with a hits-filled medley in which she danced amid mirrors and special effects,

re-created the fisheye lens look of her debut single "The Rain (Supa Dupa Fly)" and changed costumes numerous times.

"I've worked diligently for over two decades and I never thought I would be standing here receiving this award," Elliott said.

Other winners included Cardi B, Normani, Rosalía and J Balvin, the Jonas Brothers, Cabello and Mendes, and fashion designer Marc Jacobs, who was the first recipient of the MTV Fashion Trailblazer award.

Eddie Murphy, former savior of 'SNL,' back to host

By ELAHE IZADI
The Washington Post

When Eddie Murphy first appeared on "Saturday Night Live" in November 1980, the show was on the brink of extinction. Creator Lorne Michaels had departed prior to the sixth season, most of the high-profile cast was gone and critics labeled the sketch show as "Saturday Night Dead."

But Murphy, who will host "SNL" on Dec. 21 — the first time he has performed comedy on the NBC show since 1984 — became a breakout star who would later be credited with keeping the show afloat.

"Out of nowhere, Eddie saved 'Saturday Night Live,'" comedian Chris Rock said during the NBC show's 40th anniversary special. "If 'Saturday Night Live' hadn't hired Eddie Murphy, this show wouldn't have lasted half as long as 'Baywatch.'"

Murphy has a long history with the show that helped propel him to fame, including a long stretch when he stayed away.

A stand-up comic, Murphy was just 19 when he joined "SNL." One of his first characters was Raheem Abdul Muhammed, a high school basketball player who complained about an Ohio judge's ruling that teams had to have at least two white players.

Indeed, much of the material Murphy performed tackled race in edgy and direct ways. Sketches such as "White Like Me" and "Mister Robinson's Neighborhood" have since become classics.

When Murphy joined, many of the show's biggest stars from its first few years — Dan Aykroyd, John Belushi, Gilda Radner — had left. Much of the new cast was "cowed by the fact they were following in the footsteps of these luminaries," former "SNL" writer David Sheffield told The Washington Post's Geoff Edgers. "I remember watching Eddie and he was completely relaxed. He looked



AP

Eddie Murphy, shown in 2016, will host "Saturday Night Live" on Dec. 21, marking the former cast member's first hosting appearance since 1984.

like if the set fell down on top of him, he would not give a damn."

Soon Murphy became indispensable. "Eddie's the single most important performer in the history of the show," Dick Ebersol, who returned as executive producer during Murphy's run, previously told Edgers. Ebersol instituted a rule that Murphy had to be on-screen at least three times during the first part of the night. "He literally saved the show."

During his four-year run on "SNL," which included popular performances as Gumby, Buckwheat and James Brown, Murphy was turning into a movie star. He released box-office hits such as "48 Hours" and "Trading Places," and the stand-up special "Delirious."

As he approached his final season in 1984, he told Rolling Stone, "I can't wait to leave." He said he didn't find the show funny anymore, and was ready to focus on his acting and music career.

In the years that followed, a mythology

built up that Murphy had ill will toward "SNL." He declined to be interviewed for "Live From New York: An Uncensored History of Saturday Night Live," and his absence on the show's 25th anniversary was glaring.

"Everybody had their own theory," the book's co-author, James Miller, told ThinkProgress in 2015. "But it wasn't like there was a huge fistfight. ... I think there's many explanations out there, probably a dozen, about why it all happened."

One of the most persistent theories had to do with a joke David Spade told during a "Hollywood Minute" sketch in 1995, during a career downturn for Murphy. "Look, children," Spade said as a photo of Murphy appeared, "it's a falling star. Make a wish." According to Spade, Murphy called him up angrily to complain.

"I made a stink about it; it became part of the folklore," Murphy told Rolling Stone in 2011. "What really irritated me about it at the time was that it was a career shot. It was like, 'Hey, come on, man, it's one thing for you guys to do a joke about some movie of mine, but my career? I'm one of you guys.'"

Murphy and Spade have since reconciled, and Murphy has also spoken publicly about how much "SNL" meant to him. In a highly anticipated return, Murphy appeared during the 40th anniversary episode. He expressed gratitude that people valued "the stuff I did 35 years ago on the show" and said "I will always love this show."

Now, Murphy is prepping for another return to the spotlight, with rumors that a Netflix stand-up special is in the works. He recently appeared in the latest season of Jerry Seinfeld's "Comedians in Cars Getting Coffee" on Netflix and will be in next month's Netflix movie "Dolemite Is My Name." He'll also reprise his role as Prince Akeem in the badly anticipated "Coming 2 America" sequel, due out in 2020.



Davis Obama

Viola Davis cast to play Michelle Obama for TV

Viola Davis is set to portray Michelle Obama in a Showtime series under development about America's first ladies.

Davis also is an executive producer on the project, which Showtime said Monday will "peel back the curtain" on the lives of presidential spouses.

The first season will focus on Eleanor Roosevelt, Betty Ford and Obama.

Showtime said it's committed to three scripts for the proposed series. No air date was announced.

Other news

■ A judge approved a plea deal Monday that imposes two years' probation and a suspended prison term for Iowa farmer Chris Soules, who appeared on "The Bachelor." Soules pleaded guilty in November to a reduced charge of leaving the scene of a serious injury accident for the April 2017 crash that killed 66-year-old Kenny Mosher. Soules was arrested after he rear-ended Mosher's tractor. Soules called 911, performed CPR on Mosher and waited for first responders, but he left the scene before officers arrived.

Stripes SERVICE DIRECTORY

The Daily Guide to Navigating the European Business Market

Dental 902

Transportation

944

AMERICAN DOCTORS & STAFF

SERVICES OFFERED

- family dentistry
- periodontal maintenance
- root canals
- wisdom teeth surgery
- implant surgery
- certified orthodontics
- nitrous oxide



*Caring,
Friendly,
American
Staff*



Ramstein Dental Care
06371 406230
Poststrasse 1, 66877 Ramstein
Ramsteindental.com

Wiesbaden Dental Care
06119 887 2650
Bahnstrasse 14, 65205 Wiesbaden
Wiesbadendental.com



Certified American
Dental Hygienists
TRICARE Preferred Provider



VEHICLE SHIPPING SERVICES

- International Shipping
- Import & Export
- Inland trucking (U.S. & Europe)
- Door to door pick-up/delivery service
- Customs clearance
- All Risk Marine Insurance
- Auto Insurance (Germany only)

For Further Information Please Contact

GERMANY
Phone: +49-(0)6134-2592730
Toll-free: 0800-CARSHIP (Germany only)
E-Mail: info@transglobal-logistics.de
WEB: www.transglobal-logistics.de

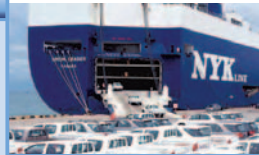
UNITED KINGDOM
+44-(0)1638-515714
enquiries@carshipuk.co.uk
www.carshipuk.co.uk

USA
+1 972-602-1670 Ext. 1701
+1 800-264-8167 (US only)
info@tgalus.com
www.tgalus.com

For 2nd POV Shipments - Offices / Agencies near Military Installations



LOGISTICS EUROPE GMBH



Transportation

944

Ship Cars and Containers to and from the USA



OPENING HOURS: 9 a.m. to 6 p.m. Mon - Fri
0800-522-6274 or 800-WSA-SHIP (872-7447)

For a free rate request, please email: info@worldwide-ship.de
Visit our Website: www.worldwide-ship.de

Transportation

944

Vehicle Transport

We can help



We move your world

Contact: Mr. Heiko Twachtmann
htwachtmann@neukirch.de

+49 (0) 421 48 94 225 www.interglobalshipping.de

Off Duty? Amuse Yourself!

Concerts, events, TV,
movies, music, video games,
celebrity antics...

Get entertained with...

STARS AND STRIPES

Be the one who really knows what's going on!



Never miss a **Stars and Stripes**.

We report on issues that affect you the most,
covering military news from
*Capitol Hill to Europe, Pacific, the
Middle East and the Pentagon.*

No one covers the bases the way we do.

Wherever you need us, however you read us:

Stars and Stripes is always for you.

STARS AND STRIPES

In print • Online at stripes.com • Mobile for Android, iPhone & iPad

STARS AND STRIPES

Max D. Lederer Jr., Publisher
Lt. Col. Sean Klirnek, Europe commander
Lt. Col. Richard McClintic, Pacific commander
Caroline E. Miller, Europe Business Operations

EDITORIAL

Terry Leonard, Editor
leonard.terry@stars.com
Robert H. Reid, Senior Managing Editor
reid.robert@stars.com
Tina Croley, Managing Editor for Content
croley.tina@stars.com
Sean Moores, Managing Editor for Presentation
moores.sean@stars.com
Joe Gromelski, Managing Editor for Digital
gromelski.joe@stars.com

BUREAU STAFF

Europe/Mideast
Erik Slavin, Europe & Mideast Bureau Chief
slavin.erik@stars.com
+49(0)631.3615.9350; DSN (314)583.9350
Pacific
Aaron Kidd, Pacific Bureau Chief
kidd.aaron@stars.com
+81.42.552.2511 ext. 88380; DSN (315)227.3830
Washington
Joseph Cacioli, Washington Bureau Chief
cacioli.joseph@stars.com
+1(202)886-0033
Brian Bowers, Assistant Managing Editor, News
bowers.brian@stars.com

CIRCULATION

Mideast
Robert Reisman, Mideast Circulation Manager
robert.reisman.naf@gmail.com
+1(202)886-0002; DSN (314)583-9111

Europe
Karen Lewis, Community Engagement Manager
lewis.karen@stars.com
memberservices@stars.com
+49(0)631.3615.9090; DSN (314)583.9090

Pacific
Marl Mori, customerhelp@stars.com
+81-3 6585.3131; DSN (315)229.3171

CONTACT US

Washington
202.886.0002
633 3rd St. NW, Suite 116, Washington, DC 20001-3050

Reader letters
letters@stars.com

Additional contacts
stars.com/contactus

OMBUSDMAN

Ernie Gates

The Stars and Stripes ombudsman protects the free flow of news and information, reporting any attempts by the military or other authorities to undermine the newspaper's independence. The ombudsman also responds to concerns and questions from readers, and monitors coverage for fairness, accuracy, timeliness and balance. The ombudsman welcomes comments from readers, and can be contacted by email at ombudsman@stars.com, or by phone at 202.886.0003.

Stars and Stripes (USPS 0441-190) is published weekdays (except Dec. 25 and Jan. 1) for 50 cents Monday through Thursday and for 60 cents on Friday by Pacific Stars and Stripes, Unit 4500202, PO AP 96301-5002, Periodicals postage paid at San Francisco, CA, Postmaster: Send address changes to Pacific Stars and Stripes, Unit 450022, APO AP 96301-5002.

This newspaper is authorized by the Department of Defense for members of the military services overseas. However, the contents of Stars and Stripes are unofficial, and are not to be considered as the official views of, or endorsed by the U.S. government. Stars and Stripes and Stars and Stripes may be distributed through official channels and use appropriated funds for distribution to remote locations where overseas DOD personnel are located.

The appearance of advertising in this publication does not constitute endorsement by the Department of Defense or Stars and Stripes of the products or services advertised. Products or services advertised shall be made available after purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

© Stars and Stripes 2019

stars.com

OPINION

'Apocalypse Now,' and then, and yet again

By ARTHUR I. CYR
Special to Stars and Stripes

Accomplished prominent American filmmaker Francis Ford Coppola has produced a third variation of this Vietnam War film. The appearance of "Apocalypse Now: Final Cut" marks the 40th anniversary of the original release in 1979.

The story focuses on U.S. Army Capt. Benjamin L. Willard, an intelligence officer who accepts a classified mission to assassinate Col. Walter Kurtz. The target is a renegade Special Forces officer who is an embarrassment to the U.S. high command because he is fighting the war his way, not by the book, and winning.

Special Forces are the legendary Green Berets, with their jaunty headgear in an era when the corporate-style U.S. Army discouraged distinctive dress. President John F. Kennedy made special operations a priority, and he created the Navy SEALs. The Green Berets date to the early 1950s and the Republican Party campaign pledge to create elite units to help "roll back" communism in Eastern Europe.

The Vietnam War did involve assassinations, on both sides, though of the enemy — not one of our own. The covert Phoenix program eliminated approximately 60,000 identified agents of the Viet Cong, the revolutionary movement in the South, officially titled the National Liberation Front.

After the war, Madame Nguyen Thi Dinh, a principal Viet Cong leader, confessed to journalist Stanley Karnow that Phoe-

nix was feared far more than conventional attacks by American and South Vietnamese divisions. She was explicit that crucial comrades were neutralized and important information compromised in consequence of the program. Other reliable sources have provided equally telling confirmation.

The Phoenix program was one part of the total military effort. The Tet Offensive early in 1968 destroyed American public support for the war. President Lyndon B. Johnson retired and field commander Gen. William Westmoreland was replaced by the more flexible, shrewd and effective Gen. Creighton Abrams.

The new administration of President Richard M. Nixon drastically changed Vietnam strategy. Steady reduction in U.S. force levels began, and large-scale conventional search and destroy operations were replaced with emphasis on small-unit actions and tactics.

That increased already severe stress on our troops in the field, but in conjunction with Phoenix dramatically improved the overall situation. For example, William Colby, the CIA, reported that by the early 1970s he was able to travel safely through large parts of South Vietnam previously controlled by the enemy.

Coppola and screenwriter John Milius say Col. Robert Rheaault, commander of Special Forces in Vietnam, helped to inspire the character Kurtz. Green Berets were crucial in gathering intelligence and killing the enemy in Cambodia and Laos, technically neutral territory but in fact vital to enemy infiltration and supply.

Working closely with the CIA, Green Berets developed strong evidence that interpreter Thai Khac Chuyen was a North Vietnamese double agent. They killed him. Rheaault tried to protect his men, including participating in a misleading cover-up story.

In July 1969, the Army charged Rheaault and others with murder. The Tet Offensive "Apocalypse Now" accurately portrays the conflict between Special Forces and the conventional "straight leg" Army. Bureaucratic self-protection is a prime theme in the film, and was a terrible problem in Vietnam.

Since the Vietnam War, there have been positive changes in the organization and profile of the U.S. Army, appropriate to an age of unconventional armed conflicts in various parts of the world. Special Forces are no longer second-class citizens, and a soldier with that background can achieve top rank. Thanks to congressional action, Reserve and National Guard forces must be deployed if an armed conflict becomes relatively lengthy.

This Green Beret colonel, however, was not crazy, and was well-connected. A West Point graduate, he was from an influential New England family. A media storm commenced. In September 1969, the Army dropped all charges.

Rheaault went on to lead an Outward Bound center in Maine, comfort troubled veterans and live a long positive life.

Salute him.

Arthur I. Cyr is Clausen Distinguished Professor at Carthage College and author of "After the Cold War."

Man-made flames in the Amazon threaten us all

By SHANNON STIRONE
Special to The Washington Post

Every year, dust from the Sahara Desert is lifted by the wind and carried aloft into our atmosphere. Grains traverse the Atlantic Ocean and settle over the Amazon rainforest, supplying the trees with phosphorus that is washed away each winter during heavy rains. For millions of years, the winds have brought land to South America from a continent away, and every year, this dust helps the forest stay healthy.

For 55 million years, the trees in this cycle have been participating in this cycle; far more recently, our ancient ancestors began to walk on two legs. This dance of rain, dust and growth cycled along as we evolved. Then humans learned to use fire.

Fire was the first great human invention. Early hominids first learned to harness the power of flame when they began to cook their food and make clay pots. Evidence of hearths were found as far back as 400,000 years ago in South Africa. Humans used fire to burn bones and wood, create tools and stay alive. But there is no time in humanity's short existence when we haven't also been aware of fire's ability to destroy us. We even created myths that warned that if we were angry with the gods, the gods were angry with us. If a volcano erupted and blanketed a town with lava, we must have done something wrong.

This time, it's no myth. The Amazon is burning because of human actions. And once it's gone, we can never get it back.

The jungle is so rich in biodiversity and it acts as a giant pump for the planet's oxygen output for the entire planet. It is the largest and most diverse rainforest on Earth. The Amazon's nearly 3 million square miles of land contains billions of trees of more than 16,000 species.

Every year, fires burn in the Amazon, but unlike other wildfires, these flames resemble, they're not caused by a warming

climate. Humans are setting these fires solely for the purpose of using the land to make money. The images of the forest alight and moving with dark smoke are almost too much to handle. Like a photo littered with hundreds of galaxies, it's almost unfathomable to understand our place in these conflagrations.

Bearing witness to these extreme events as an outsider can feel voyeuristic, almost like looking into a window we can't recognize. Astronaut Luca Parmitano tweeted as he saw the blaze from the International Space Station, "[T]he smoke is visible for thousands of kilometers." Climate writer Eric Lohthaus tweeted, "These fires are a crime against our planet."

And yet, we still seem so indifferent. The fires in the Amazon, cumulatively, have received less media coverage than the fire at Notre Dame in France this past spring, for instance. Media Matters reported that the fire at Paris' historic church got 15 times the coverage that the burning rainforest has.

On Monday morning, the Group of 7 leaders agreed to fund firefighting measures with a budget of \$20 million. Notre Dame raised 1 billion euros in a matter of days. Perhaps Notre Dame is an easier place to grieve. It's a human-made place of worship, a marker of a time in history, a work of art. It's an easy story to understand.

The Amazon, though, is a dense, lush, sprawling landscape that spent millions of years evolving, home to indigenous people and a diverse ecosystem and, most important, one that many people never get to see in their lifetime. That's much harder to relate to. But many more people are dying from disasters like this is a symbol of our own ambivalence about doing anything to fight the climate crisis in general.

Fire is itself a social tool that calls on us to gather around it. Fire can make us feel safe. We build hearths in our homes, we build campfires, we look about the flame and listen to the wood crack as it keeps

us warm. These gathering places help us tell stories — and to be silent. Fire is for contemplation. The ability to wield the creative and destructive force of fire helped us evolve as a species.

Last week, there was so much smoke from the fires that the skies were blacked out in parts of Brazil and Bolivia. Day turned to night while the fire raged.

Fire, like most destructive forces, can also bring renewal. But not in this case. The Amazon holds about 10 years' worth of our planet's carbon dioxide. This is the major gift of trees: They give us air to breathe, and in exchange, they serve as banks that hold on to carbon. We keep them alive; they help us keep the ecosystem in check. It's an agreement we've had for millions of years. But if we kill too many of them, the whole cycle is thrown out of whack. There is no phoenix rising from the ashes of these fires — once the Amazon is gone, that's it.

We have to face what we've done. No god threw a lightning bolt from the sky to punish us — we did this. Unlike Notre Dame, the Amazon isn't a cathedral we built, but rather a cathedral we were gifted. Now we are watching it burn, together.

So much of what makes us human exists in the parts of ourselves that we cannot put words to. Our wildness exists in the vastness of our beings, like so much of the land on our planet that we choose to protect or choose to destroy. It is in those places where we find something especially valuable and we must keep it safe.

John Goodall once said: "In 200 years people will look back on this particular period and say to themselves, how did those people at that time just allow all of these amazing creatures to vanish. There is still a lot worth fighting for." She's right. If we want to change things, we must begin by looking directly at the darkness — and at the flames. This is where we live now.

Shannon Stirone is a freelance writer in the Bay Area.

BUSINESS/WEATHER

KFC, Beyond Meat partner to test plant-based chicken

Trial begins with nuggets, boneless wings

Associated Press

LOUISVILLE, Ky. — It's finger lickin' fake chicken.

Kentucky Fried Chicken planned to test plant-based chicken nuggets and boneless wings Tuesday at one of its restaurants in Atlanta.

Depending on customer feedback, the chain could expand the test to other markets.

California-based startup Beyond Meat said it developed the new product specifically for KFC. It's made with wheat protein coated in a proprietary breading.

Beyond Meat also sells plant-based burgers, sausages and meat crumbles at grocery stores and some fast food chains like Carl's Jr. and Del Taco. Frozen plant-based chicken strips were the first product Beyond Meat sold, starting in 2012. But the company pulled them off the market earlier this year because it wanted to improve the recipe.

Restaurants are responding to a surge in consumer demand for plant-based meats as people seek healthier, more sustainable food. U.S. sales of meat substitutes are expected to jump 78% to \$2.5 billion between 2018 and 2023, according to Euromonitor.

Beyond Meat already has some serious competition in the plant-



KFC/AP

A product image shows plant-based chicken. Kentucky Fried Chicken planned to test plant-based chicken nuggets and boneless wings Tuesday.

based chicken market. Tyson Foods, one of the world's largest meat producers, recently announced plans to sell nuggets made from pea protein. Chicken producer Perdue Farms is also making nuggets, tenders and patties from a blend of chicken and vegetables.

Cattle ranchers target fake meat

The Washington Post

Tofurky wasn't keeping cattle ranchers awake at night.

For decades, veggie burgers were the token offering to vegans at the backyard barbecue, and Tofurky was the Thanksgiving benediction to the meat-free loved ones in our lives.

But as plant-based meat goes from an afterthought to a financial juggernaut that aims to change how most people eat, the opposition has suddenly awakened. Many of the country's 800,000 cattle ranchers have declared war on newcomers Impossible Foods and Beyond Meat, which use technology to make products that hew closely to the taste and texture of meat, and now "first-generation" veggie burgers and similar products are caught in the crossfire.

In 2019, officials in nearly 30 states have proposed bills to prohibit companies from using words such as meat, burger, sausage, jerky or hot dog unless the product came from an animal that was born, raised and slaughtered in a traditional way. Arkansas, Louisiana, Mississippi, North Dakota, South Dakota, Oklahoma and Wyoming have enacted such laws.

In Missouri, the first state where the ban took effect, violators incur a \$1,000 fine and as much as a year in prison. Mississippi's new law is sweeping: "Any food product containing cell-cultured animal tissue or plant-based or insect-based food shall not be labeled meat or as a meat product."

The states, in most cases backed by cattlemen's associations, claim consumer confusion as the driving force for the laws. The newest offerings, they say, cross a line when they make unsubstantiated health claims (many have long lists of processed ingredients and are high in sodium) and when the packaging is unclear.

The top item on the National

'Consumers should know that imitation meat ... in some cases has more calories and sodium than the real thing.'

Will Coggin

Center for Consumer Freedom

Cattlemen's Beef Association's list of 2019 policy priorities is to hash out a regulatory framework for plant-based and cell-based meat, a responsibility that will slide back and forth between the Food and Drug Administration and the U.S. Department of Agriculture.

Earlier this month, the Center for Consumer Freedom, a non-profit that lobbies on behalf of the fast food, meat, alcohol and tobacco industries, placed ads in the Wall Street Journal and New York Post highlighting many of the ingredients in fake bacon and fake sausage, pointing out that many of the plant-based meat options are highly processed and suggesting this might fly in the face of what folks think of as "healthy."

"People see veggie burgers on the menu and think it sounds like it's chopped-up salad," said Will Coggin, managing director of CCF. "Despite what the name leads people to believe, 'plant-based' meats are made in industrial facilities, not gardens. Fake

meat companies are trying to promote a 'health halo' over their products, but consumers should know that imitation meat is highly processed and in some cases has more calories and sodium than the real thing."

EXCHANGE RATES

| Military rates | |
|----------------------------|-----------------|
| Euro costs (Aug. 28) | \$1.1391 |
| Dollar buys (Aug. 28) | 69.8779 |
| British pound (Aug. 28) | 123.00 |
| Japanese yen (Aug. 28) | 103.60 |
| South Korean won (Aug. 28) | 1,183.00 |
| Commercial rates | |
| Bahrain (Dinar) | 0.3770 |
| British pound | \$1.2287 |
| Canada (Dollar) | 1.3243 |
| China (Yuan) | 7.1597 |
| Denmark (Krone) | 6.7182 |
| Egypt (Pound) | 16.5603 |
| Euro | \$1.1101/6.9008 |
| Hong Kong (Dollar) | 7.8453 |
| Hungary (Forint) | 296.43 |
| Israel (Shekel) | 3.5149 |
| Japan (Yen) | 106.00 |
| Kuwait (Dinar) | 0.3038 |
| Norway (Krone) | 9.0074 |
| Philippines (Peso) | 52.27 |
| Poland (Zloty) | 3.93 |
| Saudi Arabia (Riyal) | 3.7513 |
| Singapore (Dollar) | 1.3882 |
| South Korea (Won) | 1,211.33 |
| Switzerland (Franc) | 0.9829 |
| Thailand (Baht) | 36.075 |
| Turkey (Lira) | 5.9072 |

(Military exchange rates are those available to customers at military banking facilities in the country of issuance for Japan, South Korea, Germany, the Netherlands and the United Kingdom for nonlocal currency exchange rates (i.e., purchasing British pounds in Germany), check with your local military banking facility. Commercial rates are interbank rates provided for reference when buying currency. All figures are foreign currencies to one dollar, except for the British pound, which is represented in dollars-to-pound, and the euro, which is dollars-to-euro.)

MARKET WATCH

Aug. 26, 2019

| | |
|-----------------------|-----------|
| Dow Jones Industrials | 269.93 |
| | 25,898.83 |
| Nasdaq composite | 101.97 |
| | 7,853.73 |
| Standard & Poor's 500 | 31.27 |
| | 2,878.38 |
| Russell 2000 | 16.51 |
| | 1,476.00 |

INTEREST RATES

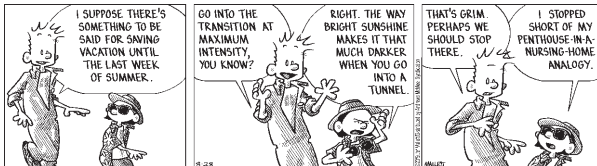
| | |
|----------------------------|------|
| Prime rate | 5.25 |
| Discount rate | 2.75 |
| Federals funds market rate | 2.12 |
| 3-month bill | 1.95 |
| 30-year bond | 2.94 |

WEATHER OUTLOOK



The weather is provided by the American Forces Network Weather Center, 2nd Weather Squadron at Offutt Air Force Base, Neb.

Frazz



Dilbert



Pearls Before Swine



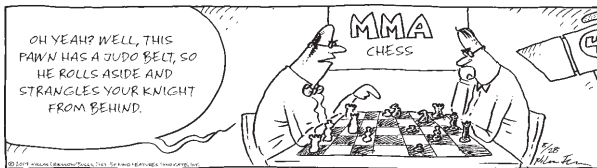
Non Sequitur



Candorville



Carpe Diem



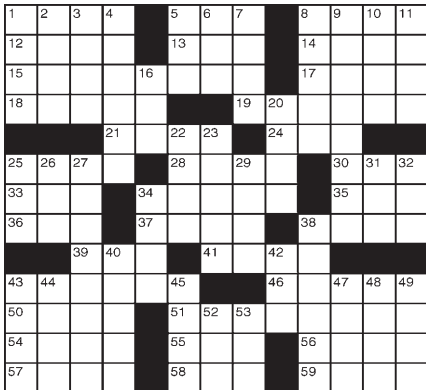
Beetle Bailey



Bizarro



Eugene Sheffer Crossword



ACROSS

- 1 Terri of "Tootsie"
- 5 Upscale auto
- 8 Not single-sex
- 12 La Scala solo
- 13 Bond rating
- 14 "— digress ..."
- 15 Seine side
- 16 Jazz singer
- 17 French composer Erik
- 19 Juicy bit of gossip
- 21 Greek cheese
- 24 Oahu or Kauai (Abbr.)
- 25 Mimic
- 28 Addict
- 30 \$ dispenser
- 33 Lucy of "Elementary"
- 34 Strictly — nous
- 35 Scott's denial
- 36 Right angle
- 37 Gilpin of "Frasier"
- 38 Lose traction
- 39 Tiki bar necklace
- 41 "Step —"
- 43 "Satires" poet
- 46 Heroic tales
- 50 Literary collections
- 51 Home aquarium
- 54 Sand formation
- 55 Numerical prefix
- 56 "The Time Machine" people

DOWN

- 57 Requests
- 58 Gender
- 59 Fender bender
- 25 The Browns, on scoreboards
- 26 Squeak stopper
- 27 Leverage one's authority
- 29 Ms. Brockovich
- 31 — chi
- 32 Club —
- 34 Grand tale
- 38 Said
- 40 Relaxes
- 42 Somewhat (Suff.)
- 43 "Mary — Little Lamb"
- 44 Burden
- 45 New news
- 47 Big wind
- 48 Shortly
- 49 "SNL" segment
- 52 Hot
- 53 Half dozen

Answer to Previous Puzzle



8-28

CRYPTOQUIP

YCWI PKQCI DAB RWEE ICN

KUVAENUI WUVYNOV ICWI WON

QKXNU MD PKVMNCWXXKUQ

RCKESONU? MOWIIKIBSN.

Yesterday's Cryptoquip: I COULD NOT THINK OF THE NAME OF THAT BASIC CHEMICAL SUBSTANCE. I HAD AN ELEMENTAL BLOCK.

Today's Cryptoquip Clue: E equals L


FREE AD Guidelines:

- Free ads are available only DOD ID Card holders selling personal merchandise.
- Ads may contain up to 32 words. All Ads must contain price and contact information. No websites will be accepted in Free ads.
- Stars and Stripes reserves the right to re-classify, rewrite and reject any ads.

STARS AND STRIPES[®]

CLASSIFIED

Go to stripes.com to place your free ad. *Sell fast/ Buy fast*

When you see this 
camera icon go to stripes.com
to view the uploaded photo.

| EUROPE | | MIDDLE EAST | | PACIFIC |
|-----------------------|--|--|--|--|
| Advertising | Kristi Kimmel kimmel.kristi@stripes.com +49(0)631.3615-9013 DSN 314.583.9013 | Kristi Kimmel kimmel.kristi@stripes.com +49(0)631.3615-9013 DSN 314.583.9013 | | Ichiro Katayanagi CustomerHelp@stripes.com +81(3) 6385.3267 DSN 315.229.3267 |
| Circulation | Van Rowell rowell.van@stripes.com +49(0)631.3615.9111 DSN 314.583.9111 | Robert Reismann reismann.robert@stripes.com +49(0)631.3615.9150 DSN 314.583.9150 | | Mari Matsumoto SSPCirculation@stripes.com +81(3) 6385.3171 DSN 315.229.3171 |
| Reader Letters | letters@stripes.com | letters@stripes.com | | letters@stripes.com |

Classifieds EUROPE

For information on Commercial Rates: CIV: 0631-3615-9012 or DSN: 583-9012

Announcements 040

SCAM FADS

Classifieds scams can target both sellers and buyers with classified advertisements.

Be aware of the common red flags.

Some of the latest Scam fads are:

- ❑ Vehicle buyers wanting to buy right unseen and have the vehicle shipped through an agent using paypal.
- ❑ People saying Free Dog (different breeds) for adoption.

Automotive 140

SELLER BEWARE

Individuals placing classified advertising should use discretion in concluding the sale of their property. Not all potential buyers are reputable or honest. Stars and Stripes suggests that you take precautions to ensure that potential buyers are reputable and will be able to fulfill the terms of the sale. Stars and Stripes is not liable for the contractual relationship between sellers and buyers of merchandise advertised in the newspaper or on the web site.

Autos for Sale - Germany 142

Auto - Quality Pre-owned
US SPEC Vehicles
www.usandmilitaryautosales.com
Free Europe-wide delivery



House Furnished 876

TLATLFTDY Spacious
updated apartment in the KMAC
38.1.55a Close to US Bases &
Autobahn 90 out of pocket
All inclusive.
Call Melli +49 173 564 2682



Want a better picture?

You'll get one – just by reading Stars and Stripes
military news coverage.

In print • Online at stripes.com • Mobile for Android, iPhone & iPad

STARS AND STRIPES[®]

Want a better picture?

You'll get one – just by reading
Stars and Stripes military news coverage.

In print • Online at stripes.com • Mobile for Android, iPhone & iPad

No one covers the bases the way we do.

STARS AND STRIPES[®]

However you read us, wherever you need us.

Round-the-world news for America's military.

Stripes.com supplies constant updates, on news of interest — including reports from our overseas military bases in Europe, Pacific, Southwest Asia and the Mideast, and coverage of the Pentagon and Capitol Hill. Also available on mobile apps for Android smartphones and as an iOS app for both iPhone and iPad.

STARS AND STRIPES[®]

Mobile • Online • Print

SPORTS BRIEFS

Texans' Miller out for season with injury

Associated Press

HOUSTON — Lamar Miller has been placed on the injured reserve after the Houston Texans running back tore the anterior cruciate ligament in his left knee in a preseason game last weekend.

Appearing in his first game this season, Miller was injured on his first carry on Saturday night against Dallas when defensive tackle Maliek Collins slammed into his left leg.

Miller, who has been Houston's featured back for the past three seasons, led the Texans with 210 carries for 973 yards last year. The eighth-year player joined the Texans after spending his first four NFL seasons with the Dolphins.

His injury is a blow to an offense looking to make strides in its third year with quarterback Deshaun Watson. With Miller out for the season, the Texans will look to Duke Johnson to pick up the slack. Johnson joined the team earlier this month in a trade with Cleveland after backup D'Onta Foreman was released.

The 25-year-old Johnson appeared in each game in his four seasons with the Browns, starting 10 of them. Johnson, whose career high in yards rushing is 379, is also a threat out of the backfield and has caught 235 passes for 2,170 yards in his career.

In other NFL news:

■ Wide receiver Jaelen Strong was waived Monday by the Cleveland Browns. Strong posted a thank you on Twitter,



DAVID ZALUBOWSKI/AP

Dwight Howard is back with the Los Angeles Lakers six years after leaving.

saying Cleveland will "always have a place in my heart."

The 26-year-old Strong was hoping to catch on with the Browns after missing all of last season following knee surgery. He had some impressive moments in training camp and the preseason, but Strong didn't play well in Friday's loss at Tampa Bay and the Browns felt he wasn't worth keeping on their roster.

Howard returns to Lakers

LOS ANGELES — Dwight Howard has rejoined the Los Angeles Lakers six years after his acrimonious departure.

The eight-time All-Star center and 15-year NBA veteran agreed to a contract Monday with the Lakers.

Howard led the NBA in rebounding while spending the 2012-13 season with the Lakers, but he clashed with Kobe Bryant and subsequently spurned Los Angeles as a free agent. He bounced to six franchises after his departure, while the Lakers haven't made the playoffs since.

He played nine games with Washington last season.

Howard will take over the role expected to be filled by DeMarcus Cousins, who tore his knee ligament after signing with the Lakers last month. Howard will team with JaVale McGee and Anthony Davis to play center for Los Angeles.

■ The Brooklyn Nets signed guard Caris LeVert to a contract extension Monday after his remarkable recovery from injury last season.

The 2016 first-round pick was averaging a team-best 18.4 points in his first 13 games before sustaining a dislocated right foot, a gruesome-looking injury that had players in prayer as he was taken off the court on a stretcher.

But it was quickly determined that he wouldn't need surgery and would be able

to return during the season, which he did after missing about three months. He helped the Nets make the playoffs, where he averaged 21 points in a first-round loss to the Philadelphia 76ers.

Terms of the deal were not disclosed.

Former 800 champ suspended

MONACO — Former world champion runner Marina Arzamasova has been provisionally suspended for doping after testing positive for a drug in development that is popular with body builders.

The Athletics Integrity Unit said Tuesday it notified the 31-year-old Arzamasova of the allegation, one month before the world championships in Doha, Qatar.

Arzamasova, who is from Belarus, won the 800 meters at the 2015 worlds in Beijing, and was the 2014 European champion. She placed seventh at the 2016 Rio de Janeiro Olympics.

The AIU said Arzamasova's case involves LGD-4033, better known as Ligandrol. The drug has been in clinical trials to treat muscle wasting conditions. It is reportedly used in supplements by body builders to build muscle mass with fewer side effects than steroids.

In a separate case, the AIU said re-testing a sample from the 2011 world championships led to shot putter Andriy Semenov being banned for two years by Ukrainian authorities.

STARS AND STRIPES

NFL CHALLENGE

\$500 GRAND PRIZE

Win a \$500 Amazon Gift Card by choosing the winning games during the 2019 NFL Season.

Free to register and play.
Visit nfl.strikes.com to enter and win!

Rules and restrictions apply. See official rules of play on nfl.strikes.com.
 There is no cost to participate, but you must register to play.

MLB

Rockies outlast Braves

By MICHAEL KELLY
Associated Press

DENVER — Ryan McMahon ran hard to first because he wasn't sure his line drive would get over the fence. When it bounced just over the scoreboard he settled into a home run trot and into a mob of teammates at the plate.

McMahon's hit — a two-run homer in the ninth — lifted Colorado to a 3-1 win over Atlanta on Monday and ended the Braves' eight-game winning streak.

McMahon saw two fastballs from Jerry Blevins before hitting the third one just over the scoreboard in right for the second game-ending homer of his career.

"He's kind of a funky lefty, has a little crossfire and he went two fastballs to me early, which I thought was kind of weird," said McMahon, who has 18 homers this season. "I felt like it was a little too predictable for it to be a curveball next pitch. I was looking for something over the plate and put a good swing at it."

Blevins said it was poor location that gave McMahon something to watch.

"I wanted to go down and away



DAVID ZALUBOWSKI/AP

Colorado Rockies catcher Tony Wolters, right, douses Ryan McMahon after McMahon's two-run walkoff home run during the ninth inning of Monday's game against the Atlanta Braves in Denver.

and I left it up and in the middle," he said. "That was on me."

Nolan Arenado started the inning with a walk off Anthony Swarzak (1-2) and Blevins fanned Daniel Murphy before McMahon's homer.

"I dropped my bat and started running," McMahon said. "I didn't know right away so I wanted to make it to second base."

Jairo Diaz (5-3) blew the save in the ninth but got the win, which ended the Rockies' four-game losing streak.

Monday was a makeup from the April 10th game postponed due to inclement weather and forced Atlanta to crisscross the country.

The Braves traveled to Denver on Sunday night after playing in New York, and right after the game boarded a plane for Toronto to take on the Blue Jays.

"You don't belabor or dwell on because it's what we signed up to do," Atlanta manager Brian Snitker said. "It's not going to be all the time. We have an off day in two days. It isn't like we came out here and now have to play 25 in a row."

Colorado starter Tim Lincecum pitched five scoreless innings and now has allowed just one run over 12 innings since being recalled from Triple-A Albuquerque last week. The 29-year-old journey-

man was pitching in the Atlantic League this spring before signing a minor league deal with Colorado.

He escaped a run in the fourth when Freddie Freeman was thrown out at home trying to score from second, and in the fifth he walked Ronald Acuna and Ozzie Albies to load the bases but got Freeman to ground out to end another threat.

"I had Albies and Acuna 0-2 and lost them," Melville said. "That's something you don't want to have happen so you step off the mound and take a deep breath. That's what did it right there. We executed and got out of that inning."

Athletics hammer Royals

By KOLLIN MILLER
Associated Press

KANSAS CITY, Mo. — Marcus Semien set the tone early, and his Oakland teammates quickly followed.

The shortstop homered, tripled and drove in a career-high seven runs as the Athletics set season highs for runs and hits in a 19-4 thrashing of the Kansas City Royals on Monday night.

"The numbers are starting to get off the charts for a leadoff hitter," Oakland manager Bob Melvin said. "The defense he brings, the production he brings, the power he brings, it's fun to watch."

Jurickson Profar, Matt Chapman and Khris Davis also went deep for the A's, who are locked in a tight race with Cleveland and Tampa Bay for the two American League wild cards. Josh Phegley had a career-high four hits, drove in three runs and scored three times. Three other players had three hits and every starter got at least one as Oakland finished with 22.

"It doesn't matter how we win, just want to win," Semien said. "Today was great to get everybody's bats going, get the confidence up."

Seth Brown singled in the first two at-bats of his big league career, scored twice and drove in a run.

"Being part of an offensive game like that in your first one, it was something special," Brown said. "It's something I'm never going to forget."

Homer Bailey (12-8) threw six innings, allowing three runs and eight hits, to improve to 5-2 since coming over to Oakland in a trade with Kansas City.

Oakland scored five runs in both the second and third, backed by Semien's big hits.

Royals starter Brad Keller (7-14) lasted just 1½ innings, exiting after Semien's bases-loaded triple put the A's up 5-0. After retiring his first four hitters, Keller let six straight reach — including three consecutive walks that forced in two runs prior to Semien's triple.

Brett Phillips curled his first home run of the season, a two-run shot, inside the right-field foul pole in the bottom of the inning.

Semien punctuated the five-run third with a two-out, three-run homer, and the A's kept right on scoring. Matt Olson ripped a two-run double in the fifth and Brett added a solo shot in the sixth to make it 15-3. Oakland scored in every inning except the first.

Royals outfielder Alex Gordon made his first career appearance on the mound, throwing 1½ innings and giving up three runs on five hits, including a two-run homer to Chapman.

Bubba Starling had three hits for the Royals.

Roundup

Rodriguez's 11th-inning homer lifts Phillies

Associated Press

PHILADELPHIA — Sean Rodriguez lined a home run leading off the bottom of the 11th inning to give the Philadelphia Phillies a 6-5 victory over the Pittsburgh Pirates on Monday night.

Josh Bell hit a solo homer off Philadelphia closer Hector Neris to tie it at 5 in the ninth after Corey Dickerson hit a two-run shot against his former team in the eighth to give the Phillies a one-run lead.

But after stranding five runners in the ninth and 10th, the Phillies won it when Rodriguez went deep against Michael Feliz (2-4) for his fourth career walk-off homer. Rodriguez was in a 1-for-21 slump before he connected.

Philadelphia moved within a game of the idle Cubs for the second NL wild card.

Bryce Harper homered with two outs in the eighth in his first game back from paternity leave to cut it to 4-3. After J.T. Realmuto's infield single, Dickerson ripped one out to put the Phillies ahead 5-4.

Dickerson, acquired from the Pirates before the July 31 trade

Wild-card race

| AMERICAN LEAGUE | W | L | Pct | GB |
|-----------------|----|----|------|----|
| Cleveland | 76 | 55 | .580 | — |
| Oakland | 75 | 55 | .571 | 1 |
| Tampa Bay | 76 | 56 | .576 | 1 |
| Boston | 70 | 62 | .530 | 6 |
| NATIONAL LEAGUE | W | L | Pct | GB |
| Washington | 73 | 57 | .562 | — |
| Chicago | 69 | 61 | .531 | 4 |
| Philadelphia | 68 | 62 | .523 | 2 |
| New York | 67 | 63 | .515 | 3 |
| Milwaukee | 67 | 63 | .515 | 3½ |
| Arizona | 66 | 66 | .500 | 4 |
| San Francisco | 65 | 66 | .496 | 4½ |
| Cincinnati | 61 | 69 | .469 | 8 |
| St. Louis | 61 | 69 | .469 | 8 |

deadline, has 21 RBIs in 19 games for the Phillies.

Brad Miller also had a two-run shot for Philadelphia. Mike Morin (1-0) tossed two scoreless innings for the win.

Cardinals 12, Brewers 2: Marcell Ozuna's bases-loaded double keyed a six-run second inning and surging St. Louis pounded out a victory over host Milwaukee.

The Cardinals, who have won five straight, jumped on starter Gio Gonzalez (2-2) for eight runs in the first two innings en route to their 14th victory in 17 games.

Yadier Molina and Paul DeJong each homered and drove in three runs for St. Louis, which moved a

season-high 14 games above .500. The Cardinals extended their NL Central lead to three games over the Cubs. The third-place Brewers dropped 5½ back.

Yankees 5, Mariners 4: Gleyber Torres hit his 13th home run this month, Mike Ford went deep twice and visiting New York beat Seattle.

Torres launched his 33rd homer of the season on the first pitch of the second inning from Tommy Milone, who took over after Matt Wisler was used as an opener. It was the start of a four-run rally for the AL East leaders. Austin Romine had an RBI single and Ford added the big blow with a two-run shot down the right-field line.

Padres 4, Dodgers 3: Greg Garcia scored the tying run on a throwing error by center fielder A.J. Pollock, and Manny Machado drove in the go-ahead run on a groundout during a three-run rally in the sixth inning that carried host San Diego past Los Angeles.

Dodgers rookie Dustin May (1-3) took a 3-1 lead into the sixth before the Padres rallied to hand

the NL West leaders their third loss in four games.

Eric Lauer (7-8) improved to 5-0 against the Dodgers in seven career starts. He allowed three runs and six hits in six innings, striking out eight.

Diamondbacks 6, Giants 4: Outfielder Jarrod Dyson made a pair of stellar defensive plays in the sixth inning after Eduardo Escobar scored the go-ahead run on a wild pitch, and visiting Arizona held on to beat San Francisco.

Adam Jones delivered his third pinch-hit homer this season. Wilmer Flores added three hits and an RBI to help the Diamondbacks to their sixth win in eight games against the Giants.

Reds 6, Marlins 3: Sonny Gray pitched into the seventh inning, Freddy Galvis drove in four runs and visiting Cincinnati stopped a three-game slide.

Gray (10-6) walked five, but limited Miami to two runs and two hits. The right-hander improved to 4-0 in August, allowing three runs in five starts.

Galvis had three hits and Eugenio Suarez hit his 36th homer for the Reds.

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------|---|---|---|---|----------------------------------|----|---|---|---|---|---|---|--|--|--|---|---|---|---|---|---|---|---|--|
| Misler | | | | | Bedeé L-38 | 5½ | 6 | 3 | 0 | 0 | 4 | | | | | Keller L-56 | 5 | 5 | 5 | 4 | 3 | | Strasburg, Washington, 201; Ray, Arizona- | |
| Wilson | 5 | 0 | 0 | 0 | Aldred | % | 0 | 0 | 0 | 0 | 0 | | | | | Pearson | 5 | 5 | 5 | 5 | 4 | 3 | Schreier, Washington, 192; New York, | |
| Lionel L-38 | 1 | 8 | 5 | 5 | Gott | ¾ | 1 | 2 | 2 | 2 | 2 | 1 | | | | Elmlev | 2 | 0 | 0 | 0 | 1 | 0 | Philadelphia, Phila., Corbin, Washington, | |
| Swanson | 1 | 1 | 0 | 0 | Anderson | 2¼ | 4 | 1 | 1 | 1 | 0 | 0 | | | | Diaz W-53 | 1 | 1 | 1 | 1 | 1 | 2 | Cornell, Wash. | |
| LeBlanc | 2 | 0 | 0 | 0 | WP-Lopez, Bedeé, Gott. T=330. A= | | | | | | | | | | | Gray pitched to 2 batters in the 7th. | | | | | | | HBP-Lopez (Dietrich), Keller (Suzar). | |
| T=257. A=23.030 (47,943). | | | | | 29,169 (41,915). | | | | | | | | | | | W-Swack pitch'd to 1 batter in the 9th. | | | | | | | T=303. A=5.297 (36,742). Buehlter, Los Angeles, 174. | |
| | | | | | | | | | | | | | | | | T=327. A=29.803 (50,398). | | | | | | | | |

US OPEN

No contest

Serena stretches streak against Sharapova to 19

By HOWARD FENDRICH
Associated Press

NEW YORK — Serena Williams was not about to let Maria Sharapova make a match of this.

So facing a break point early in the second set, Williams conjured up a backhand passing shot so good, so powerful, so precise, that Sharapova had no chance to reach it. Williams watched the ball land and then raised a clenched left fist toward the night sky.

In her first match at the U.S. Open since last year's loss in a chaotic, controversial final, Williams stretched her winning streak against Sharapova to 19 matches with a nearly flawless performance that produced a 6-1, 6-1 victory Monday.

Asked whether she could even imagine losing that many matches in a row across 15 years against one opponent, Williams paused for a moment, then replied: "Gosh, I never thought about it like that." She now leads their head-to-head series 20-2.

"Every time I come up against her," Williams said, "I just bring out some of my best tennis."

Sure did this time; the whole thing lasted all of 59 minutes.

Williams won twice as many points, 56-28. She saved all five break points she faced and lashed serves at up to 115 mph. She broke five times.

"I always said her ball somehow lands in my strike zone," Williams said. "I don't know. It's just perfect for me."

Few players would have stood a chance against Williams the way she was hitting balls deep and true — and certainly not a diminished Sharapova, who is ranked 87th after missing much of this season with a bad right shoulder that needed surgery. This was a showdown fit for a final, at least in theory: These two met in a

title match at each of the other three Grand Slam tournaments but never had faced each other in New York.

Williams arrived at Flushing Meadows, where she's won six titles, accompanied by questions about her back, because spasms that flared up this month forced her to stop playing during the final of one hard-court tuneup tournament and pull out of another one entirely.

Didn't seem to be an issue against Sharapova.

Not one bit.

"The body's good. I feel good," Williams said. "My back's a lot better. So, I'm excited. This is going to be fun."

A year ago, she was beaten by Naomi Osaka in straight sets in a U.S. Open final that devolved after a back-and-forth between Williams and chair umpire Carlos Ramos. When Williams was asked Monday night what she thought of the U.S. Tennis Association's decision that Ramos would not officiate any match involving her or her older sister, Venus, at this year's tournament, this was the reply: "I don't know who that is."

L.O.L., as the kids say. Williams was calm and cool as can be against Sharapova, only rarely showing the slightest hint of emotion with a cry of "Come on!" or the occasional fist pump, such as the one after the key backhand on break point. Sharapova called that shot "great."

It shaped up, at least, as far and away the most intriguing matchup on Day 1 at the year's last Grand Slam tournament.

Few athletes in any sport have been as popular in recent decades.

Williams owns 23 major singles titles, Sharapova five.



Roger Federer dropped his first set of the tournament before coming back to eliminate India's Sumit Nagal 4-6, 6-1, 6-2, 6-4.



PHOTOS BY CHARLES KRUPA/AP

Serena Williams returns to Maria Sharapova during their first-round match Monday at the U.S. Open in New York. Williams won 6-1, 6-1 to stretch her winning streak against Sharapova to 19 straight.

Both have a career Grand Slam.

Both have been ranked No. 1. So, yes, there were plenty of other matches around the grounds Monday, with Roger Federer dropping his first set of the tournament against a qualifier ranked 190th before coming back to eliminate Sumit Nagal of India 4-6, 6-1, 6-2, 6-4. No. 1 Novak Djokovic opening defense of his title with a 6-4, 6-1, 6-4 victory over Roberto Carballes Baena, and 21-year-old American Reilly Opelka providing the biggest upset of the afternoon in his U.S. Open debut by eliminating No. 11 Fabio Fognini of Italy 6-3, 6-4, 6-7 (6), 6-3.

And, sure, 2016 champion Angelique Kerber continued her rough Grand Slam year with a first-round exit against Kristina Mladenovic by a 7-5, 0-6, 6-4 score, while 2016 runner-up Karolina Pliskova and reigning French Open title winner Ash Barty both struggled through rough starts before emerging.

The Williams family only dropped a total of three games in two matches Monday, because Venus beat Zheng Saisai 6-1, 6-0 earlier.

Nothing brought out the spectators the way Serena Williams vs. Maria Sharapova did, with full-throated roars greeting them when they walked from the locker room into a dimly lit stadium.

When the lights came on, Williams proved far more ready for prime time.

Only once before had Sharapova lost a night match at Arthur Ashe Stadium, going 22-1 until Monday.

"I've had a lot of tough matches here and a lot of tough losses," Williams told the crowd afterward, "but coming out here tonight makes it all worthwhile."

Scoreboard

Monday AT USTA Billie Jean King National Tennis Center New York Purse: \$27,250.75 Surface: Hardcourt outdoor Seedings in parentheses Men's Singles

First Round
Novak Djokovic (1), Serbia, def. Roberto Carballes Baena, Spain, 6-4, 6-1, 6-4.
Juan Ignacio Londero, Argentina, def. Sam Querrey, United States, 3-6, 6-1, 7-6 (3).
Denis Kudla, United States, def. Janko Tipsarevic, Serbia, 3-6, 6-1, 7-5 (5), 6-1.
Dusan Lajovic (27), Serbia, def. Steve Darcis, Belgium, 7-5, 6-3, 6-3.
Stan Wawrinka (23), Switzerland, def. Janik Sinner, Italy, 6-3, 7-6 (4), 4-6, 6-3.
Jeremy Chardy, France, def. Hubert Hurkacz, Poland, 3-6, 6-3, 6-7 (6), 6-1, 6-4.
Miomir Kecmanovic, Serbia, def. Laslo Djere, Serbia, 6-2, 6-1, 7-5.
Paolo Lorenzi, Italy, def. Zachary Svajda, United States, 3-6, 6-7 (5), 6-4, 7-6 (4).
Reilly Opelka, United States, def. Fabio Fognini (11), Italy, 6-3, 6-4, 6-7 (6), 6-3.
Dominik Koepfer, Germany, def. Jaume Anton Munoz, Spain, 6-4, 7-6 (2), 5-7, 7-5.
Nikoloz Pietrangeli, United States, def. Tomas Berdych, Czech Republic, 6-1, 2-6, 6-4, 6-4.
Yoshihito Nishioka (17), Georgia, def. Marton Fucsovics, Hungary, 3-6, 6-4, 6-2, 3-6, 6-3.
Feliciano Lopez Diaz-Guerra, Spain, def. Taylor Fritz (26), United States, 3-6, 6-4, 6-3, 6-4.
Yoshihito Nishioka, Japan, def. Marcos Giron, United States, 3-6, 6-4, 6-4, 6-4.
Hugo Dellien, Bolivia, def. Soon Wo Kwon, Republic of Korea, 6-3, 6-4, 2-6, 2-3, ret.
Daniil Medvedev (5), Russia, def. Prajnesh Gunneswaran, India, 6-4, 1-6, 6-2.
Roger Federer (3), Switzerland, def. Sumit Nagal, India, 4-6, 6-1, 6-2, 6-4.
Damir Dzumhur, Bosnia-Herzegovina, def. Elliot Benchetrit, France, 4-6, 6-2, 6-3, 6-6.
Daniel Evans, Britain, def. Adrian Panfiliu, Romania, 6-4, 6-3, 2-6, 6-3.
Lucas Pouille (28), France, def. Philipp Kohlschreiber, Germany, 6-3, 4-6, 6-4, 6-4.
Pablo Carrero-Busta, Spain, def. Guido Pella (13), Argentina, 6-3, 4-6, 7-6 (2), 6-3.
Nikola Pietrangeli, Lithuania, def. Jiri Vesely, Czech Republic, 4-6, 7-6 (4), 3-6, 7-6 (4), 6-4.
Gregoire Barrere, France, def. Cameron Norrie, Britain, 7-6 (4), 6-4, 4-6, 6-7 (5), 7-6 (2).
David Goffin (15), Belgium, def. Corentin Moutet, France, 6-4, 6-0, 6-0.
Borna Coric (2), Croatia, def. Evgeny Donskoy, Russia, 7-6 (3), 6-3, 6-0.
Grigor Dimitrov, Bulgaria, def. Andreas Seppi, Italy, 6-1, 6-7 (2), 6-4, 6-3.
Pablo Cuevas, Uruguay, def. Jack Sock, United States, 6-7, 7-5, 7-6 (5).
Nicola Pietrangeli, Lithuania, def. Nicolas Jarry, Chile, 6-7 (2), 7-6 (6), 1-6, 6-4.
Cristian Garin (31), Chile, def. Christo-

pher Eubanks, United States, 3-6, 7-6 (5), 6-4, 6-7 (4), 6-3.
Alex de Minaur, Australia, def. Pierre-Hugues Herbert, France, 6-4, 6-2, 6-7 (6), 7-5.
Bradley Klahn, United States, def. Thiago Moura Monteiro, Brazil, 6-3, 6-2, 6-3.
Boysa Yestremaja (32), Ukraine, def. Sofia Kenin (20), United States, def. Marco Trungelli, Argentina, 6-1, 4-1, ret.
Women's Singles
First Round
Elina Svitolina (5), Ukraine, def. Whitney Osuigue, United States, 6-1, 7-5.
Venus Williams, United States, def. Saisai Zheng, China, 6-1, 6-0.
Rebecca Peterson, Sweden, def. Monica Puig, Puerto Rico, 6-3, 6-0.
Ivana Yastremska (32), Ukraine, def. Monica Niculescu, Romania, 6-4, 1-6, 6-2.
Sofia Kenin (20), United States, def. Laura Siegemund, United States, 7-6 (4), 6-3.
Cora Steadegem, Germany, def. Magdalena Frech, Poland, 5-7, 6-3, 6-4.
Lin Zhu, China, def. Xinyu Wang, China, 6-3, 6-4.
Madison Keys (10), United States, def. Misaki Doi, Japan, 7-5, 6-0.
Johanna Konta (16), Britain, def. Daria Kasatkina, Russia, 6-1, 4-6, 6-2.
Margarita Gasparian, Russia, def. Priscilla Hong, Australia, 7-6 (4), 6-2.
Ekaterina Alexandrova, Russia, def. Samantha Stosur, Australia, 6-1, 6-3.
Zhao Xun (33), China, def. Viktorija Golubic, Switzerland, 6-2, 6-1.
Ons Jabeur, Tunisia, def. Caroline Garcia, France, 6-3, 6-0.
Alaksandra Sasnovich, Belarus, def. Jennifer Brady, United States, 6-1, 4-6, 6-0.
Karolina Muchova, Czech Republic, def. Elena Rybakina, Kazakhstan, 6-4, 6-4.
Su-Wei Hsieh (29), Chinese Taipei, def. Jana Cepelova, Slovakia, 6-4, 5-7, 6-3.
Petra Martic (2), Croatia, def. Tamara Zidansek, Slovenia, 6-4, 6-1.
Ana Bogdan, Romania, def. Harriet Dart, Britain, 6-3, 6-1.
Iga Swiatek, Poland, def. Ivana Jorovic, Serbia, 6-0.
Anastasiya Sevastova (12), Latvia, def. Elina Svitolina, Ukraine, 6-3, 6-0.
Kristina Mladenovic, France, def. Angelique Kerber, Germany, 7-5, 9-6, 6-4.
Flavia Pennetta, Italy, def. Daria Gavrilova, Australia, 6-3, 6-4.
Iliyan Ivanov, Bulgaria, def. Viktoria Kuznetsov, Slovakia, 6-4, 6-4.
Ming Hui, China, def. Caroline Dolehide, United States, 6-4, 6-4.
Marcelo Melo (4), Germany, def. Camila Giorgi, Italy, 6-1, 6-0.
Shuai Peng, China, def. Varvara Lepchenko, United States, 6-2, 7-5.
Lauren Davis, United States, def. Johanna Larsson, Sweden, 6-4, 6-0.
Ashleigh Barty (2), Australia, def. Zarina Diyas, Kazakhstan, 1-6, 6-3, 6-2.

NFL



DARRON CUMMINGS/AP

Colts quarterback Jacoby Brissett throws during practice at the team's training facility in Indianapolis on Monday, the first day of practice after Andrew Luck announced his retirement.

Colts try to move on quickly following Luck's retirement

By MICHAEL MAROT
Associated Press

INDIANAPOLIS — Reality hit hard as soon as the Indianapolis Colts walked into their locker room Monday morning.

Andrew Luck's stall was empty, the name plate gone, the era over.

Coach Frank Reich and general manager Chris Ballard started the day with a team meeting to discuss how the Colts would proceed without their newly retired starting quarterback.

Luck's replacement, Jacoby Brissett, took the podium inside a packed media room, Pro Bowl receiver T.Y. Hilton wore a Stanford baseball cap to honor his 2012 draft classmate and then it was time to get back to work.

"In one respect this story is unique and shocking," coach Frank Reich said. "But it's happened enough where a team loses a great player, and it galvanizes a team and propels them to a championship."

The former pastor has a vast array of resources to make the point, some from his own experiences.

In 1989, when Jim Kelly got hurt most thought the Buffalo Bills would slow things down for his backup, Reich.

Instead, coach Marv Levy didn't change a thing and Reich responded by leading the Bills to three consecutive wins. Three years later, with Kelly out again, Reich won two playoff games, including the greatest comeback in postseason history as the Bills eventually won their third straight AFC title.

In 2017, Reich was Philadelphia's offensive coordinator when MVP candidate Carson Wentz tore the anterior cruciate ligament in his left knee — an injury many expected to derail the Eagles' title hopes. Instead, Nick Foles stepped in and led Philadelphia to its first title since 1960.

Then there was the seemingly made-for-TV script from two decades ago when a grocery store bager-turned-quarterback Kurt Warner took over for the injured Trent Green and led the St. Louis Rams to a Super Bowl title. Warner was the league's MVP, too.

But Reich and the Colts know this season is not about the past. They must focus on adding their own, unique chapter to the underdog story to fill the hole in the middle of the locker room.

"I need to be Jacoby Brissett, just be myself," he

said when asked about permanently replacing his close friend. "It's always been prepare like you're the starter."

Outside the locker room, many doubt Brissett can emerge as the next Foles, Warner or even Reich. Brissett went 4-11 in 2017, becoming the starter less than two weeks after Indy acquired him in a trade from New England, behind an offensive line that allowed the most sacks in the NFL that season.

Around the Colts' complex, though, there are plenty of Brissett believers.

Reich noted Brissett has taken more than 1,200 snaps with the starting unit since April when offseason workouts started as Luck tried to recover from a lower left leg injury.

"From Day 1, I came in and watched all of Jacoby's film and I said this guy is a top-20 quarterback, this guy is a starting quarterback in the NFL," Reich said. "This guy is all in, he's not just checking off boxes. He's a great leader and I'm excited for him."

So are teammates, who have embraced Brissett's hard-working approach on the field and his fun-loving style off it.

As for Luck, teammates universally backed his decision to walk away two weeks before the Sept. 8 season opener against the Los Angeles Chargers.

Some, like Brissett and left tackle Anthony Castonzo, acknowledged Luck let them in on the secret before Saturday's game. Most, like All-Pro line-backer Darius Leonard, said they found out as word trickled out on the sideline.

Luck made his formal announcement to the team in the postgame locker room, just moments before going public with the decision.

Castonzo understood.

"Everybody deals with the pain, it's when you're out there and you're doing something and you feel yourself not being able to change direction or miss a throw in his case," he said. "It's when the pain starts to affect your ability on the field is when it really gets to you."

Most were disappointed with the chorus of boos Luck heard from fans as he left the Lucas Oil Stadium turf for the final time.

"It sucked," Brissett said, acknowledging Luck was at peace with the choice. "I mean you don't want to hear that, especially for a guy like that who's done what he's done and what he's been through."

But it didn't take the Colts long to move on from Saturday — or the announcement that shocked the football world.

"It's the same old, same old," Leonard said. "He's a great player, we respect everything Andrew does. But now we're focused on Jacoby Brissett and winning games."

Browns' Beckham back on the field

Star WR takes part in team drills during practice for first time in nearly 3 weeks

By TOM WITHERS
Associated Press

BEREA, Ohio — Odell Beckham Jr. is closer to being game ready.

With Cleveland's season opener on Sept. 8 against Tennessee quickly approaching, Beckham, who has been slowed by a hip injury, returned to team drills during practice on Monday for the first time in nearly three weeks.

Before the morning workout, the three-time Pro Bowler had not been on the field with quarterback Baker Mayfield, Jarvis Landry and the rest of the starting offense since Aug. 6.

"He looked good," coach Freddie Kitchens said afterward. "It's good to have him back out. We've been working on the side with him with other things. It's just the natural progression, so it was good to have him back."

Beckham had been taking part only in individual drills while dealing with the hip issue, which the Browns have insisted was nothing too serious.

The 26-year-old made sharp cuts, ran at full speed and made several catches during 11-on-11 drills. He also did extra work in the red zone on the side with Mayfield as they try to establish chemistry to make up for lost time.

Beckham didn't play in any of Cleveland's first three exhibition games, and the star won't play Thursday night when the Browns conclude the preseason at home against Detroit.

Beckham has been in catch-up mode almost from March, when the Browns acquired him from the New York Giants in a blockbuster trade. He skipped most of Cleveland's voluntary offseason workouts and the extra minicamp while he processed moving to a new team and city.

Kitchens believes Beckham and Mayfield are connecting, and there's no need to force them to do more even though the season will start in less than two weeks. "They've been working through the whole camp as it is," Kitchens said. "Just because he wasn't in team drills doesn't mean they weren't working. It's fairly easy, you learn where to line up, learn what to do, learn the depth and the area you're supposed to be in, and you've got it just about figured out. I think he's a smart guy and he's coming along."

Kitchens said the Browns will continue to bring Beckham along slowly.

"We don't want to overwork him right now," he said. "We haven't started playing yet. We haven't even gotten into game-planning and stuff like that. But they'll definitely be on top of their game when we start game-planning and timing and stuff like that, rather than just useless things that doesn't really matter."

"At the end of the day, it's exactly what I said: it's knowing where to line up, where to be, getting to your depth and then catching the ball. After that, you get the ball in his hands and see what he can do."



RON SCHWAB/AP

Browns wide receiver Odell Beckham Jr. runs a drill on June 4 at the team's training facility in Berea, Ohio. On Monday, he took part in team drills during practice for the first time in nearly three weeks.

COLLEGE FOOTBALL

Analysis

A fearless forecast for the 2019 season

By RALPH D. RUSSO
Associated Press

Four years of Alabama-Clemson dominance have made the college football season seem like a foregone conclusion.

The Crimson Tide and Tigers have split the past four national championships and four College Football Playoff meetings. They start this season ranked 1-2 again. The plot twist is Clemson is top-ranked for the first time and Alabama is No. 2 — which as plot twists go is really boring.

Adding to the been-there-done-that feel at the top of college football is the recent sustained excellence of No. 4 Oklahoma and No. 5 Ohio State. The Buckeyes have won three Big Ten titles in the past five years and one of the seasons they didn't win the conference they made the CFP anyway. Oklahoma has won the Big 12 four consecutive seasons, making the playoff three times.

Those four teams have taken up 14 of the 20 playoff spots in the system's first five seasons, and it would be surprising — if not shocking — if any fewer than two of them make the playoff this season. And, really, what are the chances that one of their quarterbacks doesn't win the Heisman Trophy?

It all seems really predictable, but beyond the top of the rankings there is still plenty of potential for surprises.

And who knows? Maybe this season, just when most college football fans have resigned themselves to the inevitability of Alabama-Clemson, there will be an ending we never saw coming.

But don't bet on it.
On to the predictions for the upcoming season:

Top 25

Three teams ranked in the AP preseason poll that will not finish the season ranked: No. 17 UCF, No. 19 Wisconsin and No. 23 Washington State.

Three teams not ranked in the AP preseason poll that will finish the season ranked: Missouri, Miami and Memphis.

Conference winners

American Athletic Conference: Memphis (West) over Temple (East). The Tigers finally break through after two successive losses in the title game but don't get the chance to avenge those losses to UCF.

Atlantic Coast Conference: Clemson (Atlantic) over Miami (Coastal). The U. has a way to go before being back, but a division title is a nice way to start the Manny Diaz era.

Big Ten: Ohio State (East) over Iowa (West). We picked Michigan last year to win the Big Ten and looked pretty smart up until the Buckeyes dropped 62 on the Wolverines. We won't get fooled again.

Big 12: Iowa State over Oklahoma. Remember when the Big 12 was the conference most likely to produce crazy conference title game results?

Conference USA: North Texas (West) over FAU (East). A conference title for the Mean Green means even more suitsors for head coach Seth Littrell.

Mid-American Conference: Ohio (East) over Western Michigan (West). The Bobcats win the MAC for the first time since 1968 and coach Frank Solich, 74, rides off into retirement.

Mountain West: Boise State (Mountain) over San Diego State (West). The Broncos are the favorites every year, but have only won the conference twice in six seasons



VASHA HURTI/AP

Alabama quarterback Tua Tagovailoa figures to be in the spotlight right to the end.

there has been a championship game.

Pac-12: Washington (North) over Utah (South). The Huskies make it three conference titles in four seasons in a rematch of last year's Pac-12 title game and break the conference's playoff drought.

Southeastern Conference: Alabama (West) over Georgia (East). The Tide keep the Bulldogs out of the playoff again.

Sun Belt: Appalachian State (East) over Arkansas State (West). With a new coach (Eliah Drinkwitz) but many of the same players, the Mountaineers make it two straight conference titles.

Heisman Trophy

1. Tua Tagovailoa, QB, Alabama. Last year's runner-up closes the deal this season.
2. Trevor Lawrence, QB, Clemson.
3. D'Andre Swift, RB, Georgia.
4. Jalen Hurts, QB, Oklahoma.
5. Adrian Martinez, QB, Nebraska.

Coaching carousel

All eyes will be on Southern California, where Clay Helton needs a big season against a tough schedule to save his job. USC will move on from Helton and AD

Lynn Swann, but that's no surprise.

The interesting part is who doesn't take the job: Urban Meyer stays in broadcasting. The next Trojans coach? Maybe Iowa State's Matt Campbell. Maybe Utah's Kyle Whittingham. Maybe Penn State's James Franklin. Maybe someone else. But not Meyer.

New Year's Six /College Football Playoff

The College Football Playoff semifinals are Dec. 28 this season, more than two weeks before the national championship game in New Orleans on Jan. 13.

Peach Bowl semifinal: Clemson vs. Washington. (The Huskies get in with one-loss over Georgia with two, leaving the Bulldogs seething again.)

Fiesta Bowl semifinal: Alabama vs. Ohio State.

Rose Bowl: Penn State vs. Utah.

Sugar Bowl: Texas A&M vs. Iowa State.

Orange Bowl: Miami vs. Georgia.

Cotton Bowl: Memphis vs. Michigan.

National champion

Yep, Clemson-Alabama again. Repeating is difficult. Round Five goes to the Tide.

Ready: Army, which ranked 2nd in rushing last season, has big shoes to fill at fullback

FROM BACK PAGE

It was a seamless transition. Hopkins became the first player in program history to throw and rush for more than 1,000 yards (1,026 and 1,017) in a season and finished the year with 17 rushing touchdowns, tying the team record shared by tailback Carlton Jones and quarterback Trent Steelman.

"A year ago we didn't know if he was going to be the starter," Monken said. "He earned the job, had a great season, so at this point the confidence that we have and his teammates have in him as a leader and as a performer makes it different."

Hopkins finished his breakout season with five rushing touchdowns in a stunning 70-14 victory over Houston in the Armed Forces Bowl. He's not expecting a drop-off.

"I think this team can be very special just based on the group of seniors we have," Hopkins said. "This is the largest group of seniors we've had in my time here. It's a lot of guys that want to leave



JOE GROMELSKI/Stars and Stripes

Jeff Monken led Army to its first national ranking since 1996.

a good legacy."

Junior Christian Anderson and sophomore Jabari Laws are vying to be the backup.

Other things to know about Army, which opens the season at home against Rice on Friday:

Fullback fleet

Army relies heavily on its fullbacks to lead its ball-control option attack. The Black Knights ranked second nationally last season with an average of 312.4 yards rushing a game, but lost their top two fullbacks, bruising Darnell Woolfolk and slithering Andy Davidson, to graduation. Together, they had 1,286 yards rushing and 16 TDs, with Woolfolk tallying 14 of those scores. The 240-pound Slomka, a gifted short-yardage runner who had 216 rushing yards and scored five TDs last season, and junior Sandon McCoy are the top two heading into the season. The 215-pound McCoy had 123 yards rushing on 28 carries and is getting a large share of the reps in preseason to get him acclimated.

Offensive coordinator Brent Davis expects his retooled offensive line, minus stalwart Bryce Holland, to get the job done.

This year the sum of the parts has a chance to be just fine," Davis said. "We've got 45 starts returning, guys that have started

in 45 games. We really feel this is the most depth across the board that we've had."

Turnover prowess

Army relies on controlling the clock and limiting the number of possessions its opponents have. Turnovers are to be avoided at all costs and the Black Knights are darn good at that. They had only eight last season, second nationally, losing only five fumbles in 923 snaps to go with three interceptions.

"Our goal is to be better than we were last year in ball security," Davis said. "We give our team a chance to win football games if we don't turn it over. Our record when we have not turned the ball over is pretty good. I think we might have lost one game in five years. That's something we point out to our guys all the time."

Defense drive

Army finished last season ranked eighth nationally in total defense, allowing 295.5 yards

per game. Although LB James Nachtigal, the leading tackler, LB Kenneth Brinson, and DE Mike Reynolds are gone, LB Cole Christiansen, a returning captain, leads a unit that has veterans Elijah Riley and Jaylon McClinton to anchor the secondary.

Great expectations

Besides the lopsided bowl victory in the Armed Forces Bowl, an overtime loss at Oklahoma in September instilled a lot of confidence in the team, whose strong finish to the season has attracted a lot more attention.

"I don't know that there's any pressure. I'm not putting any pressure on them," Monken said.

"Any pressure there is, is internal. I hope they're excited about the season and feel compelled to play their very best because of what's been built in the program, that there's an expectation and with expectations comes a standard that needs to be upheld. Hopefully, they'll do that."

COLLEGE FOOTBALL



TOMMY GILLIGAN/AP

Navy, which passed for only 72.8 yards a game last season, will be relying on senior quarterback Malcolm Perry, right, to throw the ball a little more often this year.

Navy preview

Niumatalolo, retooled Mids look for bounce-back season

By TODD KARPOVICH
Associated Press

ANNAPOLIS, Md. — In the wake of his worst season as Navy's football coach, Ken Niumatalolo made widespread changes to his standard formula for success.

The Midshipmen went 3-10 in 2018, losing to Army and Air Force. It was their fewest wins since 2002 and only their second sub-.500 season since Niumatalolo took over in December 2007.

As a result, Niumatalolo altered Navy's attack on both sides of the ball.

He hired Brian Newberry as the defensive coordinator, replacing Dale Pehrson, who retired after 23 years with the program. Newberry plans to play more aggressively and keep the opposition off balance with multiple coverages.

"He is very creative and does some exotic stuff," Niumatalolo said. "Coach Newberry just has that 'it' factor. He has great leadership qualities, a presence that people gravitate toward."

Niumatalolo also brought in Billy Ray Stutzmann from Hawaii to help offensive coordinator Ivin Jasper add more passing elements to the Midshipmen's traditional triple-option attack.

Niumatalolo is confident the Midshipmen are poised for a bounce-back year.

"After doing this for 35 years, I know when a good team is coming together," he said. "I really believe this can be one of the great football teams at the Naval Academy."

Navy opens at home Saturday against Holy Cross.



Holy Cross (0-0)
at Navy (0-0)
AFN-Atlantic
9:30 p.m. Saturday CET
4:30 a.m. Sunday JKT

Perry must throw

Niumatalolo has been pleased with the progress of senior quarterback Malcolm Perry. The Midshipmen spent the offseason implementing elements of the run and shoot, which features spread formations and relies on receivers to adjust their routes based on coverage. Much of the team's success could hinge on how well Perry is able to execute this offense. He completed nine of 25 pass attempts for 222 yards with two touchdowns and an interception in 13 games last season.

Navy averaged 72.8 passing yards per game, which ranked last among FBS programs. Niumatalolo knows those numbers need to improve to keep up in the American Athletic Conference.

"We're an option team and I believe we have the best option staff in the country," Niumatalolo said. "But we have to get better in the passing game. We want to do some run-and-shoot stuff because it's very similar to option schemes in that you have to adjust to coverages."

New motto

The Midshipmen initially adopted the motto "Load the Clip" for the upcoming season. However, Naval Academy Superintendent Vice Admiral Sean S. Buck called an audible, saying it was "insensitive" to those affected by a couple of mass shootings in the region last year. So Navy's captains implemented a new slogan: "Win the Day."

Meal plan

Niumatalolo put an added focus on his player's nutrition this off season, which has become an increasingly critical part of major college football programs. Navy hired Scott Maher in June as an assistant athletic director for dietetics and sports performance. The staff is monitoring the players' weight and their hydration following practices and games. The players also have access to a fueling station on the practice field that is stocked with protein bars, fruit, applesauce, fruit cups and other items high on carbohydrates and protein.

Tough schedule

Navy resumes its annual game against Notre Dame, which reached the College Football Playoff last year. The Midshipmen also are looking to snap a two-game losing streak against Army, which won the Commander-In-Chief's Trophy last year. The Midshipmen, who went 2-6 in the AAC last year, face three conference teams that advanced to a bowl game last season: Memphis, Tulane and Houston.

Air Force preview

Falcons aim to get stronger each week

By PAT GRAHAM
Associated Press

AIR FORCE ACADEMY, Colo. — Obviously, a second consecutive 5-7 season didn't sit well with the Air Force Falcons.

Quick for them to point out, though, was this little tidbit: Of the seven losses, five were by eight points or fewer.

"We were right there in a lot of games," said senior defensive back Jeremy Fejedelem, who led the team with 104 tackles. "That's really a one-play difference. One play. You get to that last play and realize the game of football is truly a game of inches."

It marked the first time since coach Troy Calhoun took over before the 2007 season that the Falcons have missed a bowl in back-to-back years.

Again, that doesn't sit well. "Last year, we were a lot better team than we showed," senior linebacker Kyle Johnson said. "We're confident. We're confident every year. Hopefully, we show how good we truly are."

The Falcons return seven players on defense and seven on offense. They certainly have experience back at quarterback after Donald Hammond III and Isaiah Sanders spent time last season. Hammond rushed for a team-best nine touchdowns while Sanders, who went to high school in Colorado Springs, finished third on the team in rushing with 466 yards. He also passed for 844 yards and four scores.

"We'll be a late-blooming team," said Calhoun, who's gone to nine bowl games since becoming the coach at the Academy. "We just have to see when that is. If we can stay healthy, we'll be better in the back half of the season than we will today."

For the first time since 1974, Air Force will face Colorado on the football field. The Falcons travel to Poudre Field on Sept. 14 to resume a series in which the Buffaloes have won five straight. Air Force's last victory was on Nov. 23, 1968.

"We have huge expectations for the season," Fejedelem said. "We have a lot of talent."

Things to know before the Falcons start the season on Saturday by hosting Colgate:

Tackle machine

It's no surprise Fejedelem was an all-Mountain West preseason pick. The player nicknamed "Fe" is coming off a season in which he became the first Falcons defensive back to surpass 100 tackles since Chris Thomas registered 107 in 2008. Fejedelem also had three interceptions.

Expecting another 100-tackle season:

"I don't go into the season (saying), 'Oh, I want 100 tackles,'" Fe-

jedelem said. "I want the team to win. Team success."

For advice, he leans on his older brother, Clayton, who's a safety for the Cincinnati Bengals.

"A lot of times it's joking around and not talking about football and just catching up," Fejedelem said. "If I do have questions, I go to him. He helps me out."

Spur of the moment

The Falcons have a position on defense they call "Spur," which is a hybrid linebacker/safety. The player has to be versatile enough to cover tight ends and occasionally rush. The leading candidates to fill the spot are Garrett Kaupila and Grant Theie. Kaupila was limited to eight games due to an injury. He had 35 tackles.

Ground game

Fullback Cole Fagan was removed from the team in the wake of a continuing academy investigation. (The school has released no further information.) Fagan, who rushed for 997 yards last season, remains a cadet at the school. Christian Mallard and Taven Birdow figure to be running the fullback dive in the triple-option offense. The speedy Kadin Remsburg returns to the backfield after a 583-yard campaign.

Size on the line

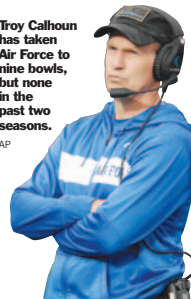
At 330 pounds, nose guard Moseese Fitita (pronounced mo-SESS-a FUH-fe-tuh) is one of the bigger defensive linemen Air Force has had. The senior from Snohomish, Wash., had one sack last season. Joining him up front will be Jordan Jackson, who's listed at 270 pounds. Jackson had 12½ tackles for loss in '18.

Line of plenty

The Falcons return three offensive linemen, including guard Nolan Laufenberg and tackle Parker Ferguson. Connor Vukupitz and Christopher Mitchell are back after rotating at center.

Troy Calhoun has taken Air Force to nine bowls, but none in the past two seasons.

AP



SPORTS



Hurry-up offense
Colts get right back to work after Luck's retirement » **NFL, Page 29**



Black Knights ready to run

Coming off a school record for victories in a season, Army looks to keep the good times rolling

By JOHN KERIS
Associated Press

Entering his sixth season at Army, coach Jeff Monken is in a very good place — 29 victories in three seasons and a team that's driven to keep the excellence going.

The Black Knights are coming off an academy-record, 11-win season and their first national ranking — No. 19 — since 1996, so the bar's set pretty high.

"Obviously, we've had a lot more expectation put on us this



Rice (0-0)
at Army (0-0)
AFN-Sports
Midnight Friday CET
7 a.m. Sunday JKT



year than we have in the past," said fullback Connor Slomka, one of 32 seniors. "It's really ex-

citing for this program. We as a team are very excited to have this opportunity. It's something we haven't had before. We're just really excited to show people that we belong there."

Last season, Monken had to replace quarterback Ahmad Bradshaw. His stellar play in 2017 led the Black Knights to their first 10-win season, capped by a second consecutive win over archrival Navy and a bowl victory over San Diego State.

Exit Bradshaw, enter sophomore Kelvin Hopkins Jr.

SEE READY ON PAGE 30



Navy QB
Malcolm Perry
AP

More college football:

- Retooled Navy looks to bounce back, Page 31
- Losing doesn't sit well with Air Force, Page 31
- Predictions for the 2019 season, Page 30

Above:
Army quarterback Kelvin Hopkins Jr., right, carries the ball against Air Force at Michie Stadium in West Point, N.Y., on Nov. 3. Hopkins started the year as an untested sophomore but earned the confidence of his teammates with a breakout season.

Joe Gromski
Stars and Stripes

McMahon homers in ninth as Rockies stop Braves' streak at 8 » **MLB, Page 26**

Serena Williams breezes to 19th straight win over Sharapova » **U.S. Open, Page 28**



027664 463149